

(Q8) Is there a doctor, nurse or other health care provider who knows your child and is familiar with your child’s health history?

	%	95% CI*	
No	7.9	5.7	10.9
Yes	92.1	89.1	94.3

(Q9) During the past 12 months, has your child seen a health care provider for routine medical care such as a well-child check-up or physical exam?

	%	95% CI*	
No	9.8	6.9	13.6
Yes	90.2	86.4	93.1

(Q10) During the past 12 months, did you complete a questionnaire or did a doctor, nurse, or other health care provider go through a checklist of questions with you about your child’s development?

	%	95% CI*	
No	18.2	14.4	22.8
Yes	75.3	70.3	79.7
Not sure	6.5	4.2	9.7

(Q11) During any of your child’s health care visits in the past 12 months, did a doctor, nurse or other health care provider talk with you about any of things listed below? Please count only discussions, not reading materials.

	% Yes	95% CI*	
Nutrition or feeding my child	69.3	63.7	74.5
Reading with my child	57.6	51.8	63.1
Physical activity or exercise for my child	52.3	46.6	58.0
How much time my child watches TV or videos	49.0	43.3	54.8
How secondhand smoke could affect my child	38.5	33.2	44.1
Ways to parent and discipline my child	30.9	25.9	36.4

What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS). PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska. CUBS sends a follow-up survey to all mothers living in Alaska who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about health, behaviors, and experiences of young children and families in Alaska.

Among 721 mothers who were sent the CUBS survey in 2015, 65% responded (472 women). Their answers were weighted to represent all mothers of 3-year-old children born in Alaska in 2012. The average child age at the time mothers responded was 38 months (range 37-41 months). 2.4% of mothers said their 3-year-old child was not living with them at the time.

For more information about CUBS, visit the [CUBS website](#).

For questions or for specific data requests, contact Margaret Young, CUBS Program Coordinator, at 907-269-5657 or margaret.young@alaska.gov.

(Q12) During the past 12 months, did any of the following problems keep you from getting health care for your child when he or she was sick?

	% Yes	95% CI*	
I didn't have enough money or insurance to pay for it	8.2	5.4	12.3
I couldn't take time off from work	6.1	3.8	9.5
I couldn't get an appointment when I wanted one	5.3	3.3	8.5
I wasn't satisfied with the only available health care provider	4.1	2.3	7.3
The service my child needed wasn't available in my community	3.2	1.8	5.5

(Q25) Is your child covered by any of these types of health plans now?

	% Yes	95% CI*	
Private health insurance from a job	48.5	43.0	54.1
Medicaid or Denali KidCare	37.2	32.2	42.6
Alaska Tribal Health System or IHS	14.6	11.9	17.7
TRICARE or other military health care	4.9	2.9	8.4
Other type of health plan	4.9	2.9	8.3
Private health insurance from the Health Insurance Marketplace or Healthcare.gov	1.9	0.9	4.3
My child is not covered by any health plan now	5.8	3.5	9.5

(Q26) Was there ever a time since your child was born when he or she was not covered by any type of health plan?

	%	95% CI*	
No	85.4	81.0	88.9
Yes (includes those not covered now)	13.4	9.9	17.7
Not sure	1.3	0.6	2.5