

Child’s BMI percentile. Based on results to questions:

(Q3) How tall is your child?

(Q4) How much does your child weigh?

	%	95% CI*	
Underweight (< 5 th percentile)	4.8	2.6	8.5
Healthy weight (5 th to <85 th percentile)	59.2	52.9	65.3
Overweight (85 th to <95 th percentile)	15.2	11.1	20.4
Obese (equal to or >95 th percentile)	20.9	16.4	26.2

Note: Body Mass Index (BMI) is calculated from a child’s weight and height. Category criteria and percentiles are based on the 2000 CDC growth charts. 75% of respondents provided sufficient information to calculate child’s BMI.

(Q13) Does your 3-year-old child need or use more medical care, mental health or educational services than is usual for most children of the same age?

	%	95% CI*	
No	92.1	88.6	94.6
Yes	7.9	5.4	11.4

(Q14) Is this because of a medical or behavioral condition that has lasted or is expected to last for at least 12 months? (Among women who indicated that their child needs or uses more medical care, mental health or educational services than is usual for most children of the same age.)

	%	95% CI*	
No	33.7 [^]	17.3	55.4
Yes	66.3 [^]	44.6	82.7

(Q15) Is your 3-year-old child limited in his or her ability to do things most children of the same age can do?

	%	95% CI*	
No	96.0	93.5	97.6
Yes	4.0	2.4	6.5

What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS). PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska. CUBS sends a follow-up survey to all mothers living in Alaska who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about health, behaviors, and experiences of young children and families in Alaska.

Among 721 mothers who were sent the CUBS survey in 2015, 65% responded (472 women). Their answers were weighted to represent all mothers of 3-year-old children born in Alaska in 2012. The average child age at the time mothers responded was 38 months (range 37-41 months). 2.4% of mothers said their 3-year-old child was not living with them at the time.

For more information about CUBS, visit the [CUBS website](#).

For questions or for specific data requests, contact Margaret Young, CUBS Program Coordinator, at 907-269-5657 or margaret.young@alaska.gov.

[^]Data may be unreliable. Number of respondents was at least 30 but less than 60.

*95% Confidence Interval

(Q17) Has a doctor, nurse, or other health care provider ever told you your child has asthma or an asthma-like condition?

	%	95% CI*	
No	93.4	90.0	95.7
Yes	6.6	4.3	10.0

(Q18) During the past 12 months, has your child used an inhaler, puffer or nebulizer for asthma or an asthma-like condition? (Among those who reported having been told by a health care provider that their child has asthma or an asthma-like condition.)

	%	95% CI*	
No	8.4^	3.3	20.0
Yes	91.6^	80.0	96.7

(Q23) During the past 12 months, has a doctor, nurse or other health care provider told you that your child was overweight for his or her age or height?

	%	95% CI*	
No	97.0	94.4	98.4
Yes	3.0	1.6	5.6

(Q24) Has your child ever been enrolled in or received services from WIC?

	%	95% CI*	
No	49.3	43.8	54.8
Yes	50.7	45.2	56.2

^Data may be unreliable. Number of respondents was at least 30 but less than 60.

*95% Confidence Interval