



ALASKA PARENT LINE

Support is just a phone call away

Call 2-1-1
www.alaska211.org

Parenting a child brings so many joys – as well as many questions and challenges. That's why we've partnered with Alaska 2-1-1 to offer comprehensive support to anyone raising a child.

Through Alaska 2-1-1, connect with a specialist who can provide individualized information on:

- Parenting and discipline techniques
- Child development issues
- Community resources and services
- Other parenting questions and concerns

While we do not provide ongoing counseling, we can provide referrals to other appropriate agencies if callers are experiencing a crisis or need additional assistance.

Call 2-1-1 or 1-800-478-2221

Monday – Friday, 8:30 a.m. – 5 p.m.

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alaska children's trust