

Parents

are often
the first to know



their baby needs ...
a helping hand

The first years of a child's life are important

Giving the right help to infants and toddlers
makes a difference that lasts a lifetime



3 months—does your child...

YES NO

- Make eye contact
- Follow moving objects with eyes
- Seem surprised by loud noises
- Turn head to inspect surroundings
- Make cooing sounds like “ooh” or “aah”
- Lift head and chest while lying on tummy



6 months—does your child...

YES NO

- Recognize familiar faces
- Turn head toward sounds
- Laugh
- Look for fallen objects
- Transfer toys from hand to hand
- Roll from back to tummy



9 months—does your child...

YES NO

- Use gestures like pointing or reaching
- Enjoy games like “peek-a-boo”
- Shake head for no
- Sit without support
- Get into a sitting position without help
- Crawl on hands and knees



12 months—does your child...

YES NO

- Wave “hi” or “bye-bye”
- Understand simple directions
- Understand 4-5 words
- Tighten grasp when object is pulled
- Pick up small objects with thumb and one finger
- Look for hidden objects
- Walk holding onto furniture or with hand held



18 months—does your child...

YES NO

- Follow simple directions like “bring the ball”
- Use 20-30 words
- Insist on doing things by self
- Point and name a few pictures in books
- Hold and drink from a cup
- Stack 4 blocks or objects
- Walk well alone pulling/carrying toys



24 months—does your child...

YES NO

- Understand/respond to simple questions
- Use more than 50 words
- Put two words together like “more juice”
- Eat with a fork and a spoon
- Put together three simple shapes in a puzzle
- Run smoothly and easily



36 months—does your child...

YES NO

- Understand many descriptive words like hot/cold, big/little, high/low, hard/soft
- Use 3-5 word sentences
- Match colors and shapes
- Dress and undress self
- Stack ten blocks
- Walk up/down stairs (foot over foot)

If you checked “No” to any of these skills, or if you have questions about your child’s development, please call the Early Intervention Infant Learning Program in your community.

For a list of Alaska’s Infant Learning Programs statewide, log on to:
hss.state.ak.us/ocs/InfantLearning

or call toll free in Alaska: 1 (877) HSS-FMLY (477-3659)
in Anchorage 269-8442

For additional information about other family services in Alaska, call 211
or 1 (800) 478-2221 or visit the Alaska 2-1-1 website: www.alaska211.org