



Accepted Cardiopulmonary Resuscitation & First Aid Training Courses for Personal Care Services and Home & Community-Based Waiver Programs

Requirements for CPR and First Aid training courses:

- First aid training must be taught by an individual certified by the American Red Cross, the American Heart Association, or an equivalent organization approved by the department; their First Aid training and certification must have occurred within the previous two years
- CPR training must be taught by an individual who holds a valid CPR instructor credential in accordance with 7 AAC 26.985; their CPR training and certification must have occurred within the previous two years
- An on-line CPR class must be combined with a hands-on skills check. No CPR classes that are taught exclusively on-line will be accepted; all classes must have a hands-on component. All students must have successfully demonstrated skills, as observed by a qualified instructor.

The courses listed below are acceptable provided that the licensing/certifying agency is identified on the training card. Besides those listed below, there are other organizations with courses potentially meeting the regulatory requirements of 7 AAC 125.090 (d) (1)-(2) and HCB Waiver Provider Conditions of Participation.

Senior and Disabilities Services must pre-approve any training provided by an agency NOT listed below to ensure the training meets SDS requirements. For questions about inclusion on this list, contact SDS at HSS.DSDS.Policy@alaska.gov. This list will be updated periodically and posted to the [Approved Forms page](#).

Accepted Courses	Primary Location	CPR	FA
Alaska Crossings Wilderness Course (through SE Region EMS)	Wrangell	x	x
American Heart Association (http://heart.org) First Aid, CPR	Anchorage	x	x
American Red Cross centers (http://www.redcross.org/ux/take-a-class) First Aid, CPR	Anc, Fbx, Jun, Wasilla	x	x
Emergency Care & Safety Institute (AAOS Endorsed)(http://ecsinstitute.org) CPR, First Aid	Statewide	x	x
EMS Safety (https://access.emssafety.com/about-ems-classes) CPR/AED, First Aid	Statewide by request	x	x
Emergency University http://www.vipalaska.com/ First Aid, CPR	Kenai	x	x
Environmental Management, Inc. (https://emi-alaska.com/trainingservices) CPR, First Aid (American Heart Association classes)	Anchorage	x	x
Health Safety Institute (HSI) (http://www.hsi.com/about-hsi/our-brands/medic-first-aid) All courses by the Health Safety Institute are accepted.	Statewide	X	x
Interior Region EMS Council (http://iremsc.org/AHA/cpr_initial_and_renewal) CPR, First Aid (American Heart Association; CPR skills check)	Fairbanks and on-line	x	x

Hero for Life (http://www.heroforlife.com/classes)		Anchorage area		
	CPR/AED, First Aid (American Heart Association classes)		x	x
Medic First Aid (https://www.hsi.com/)		Statewide		
	BasicPlus First Aid Advanced			x
National Safety Council (http://nsc.org/learn/Safety-Training/Pages/first-aid-training)		Statewide		
	Standard First Aid, CPR and AED		x	x
Respond Systems (http://cprcertificationonlinehq.com/cpr-classes-and-training-alaska)		Statewide		
	CPR classes in various locations		x	
Sitka Fire Department, SE Regional EMS Council		Sitka		
	CPR, First Aid (American Heart Association through SE EMS)		x	x
Southern Region EMS Council (https://sremsc.enrollware.com/schedule)		Anchorage and on-line		
	First Aid, CPR (American Heart Association)		x	x
TeamOne		Anchorage		
	Heartsaver First Aid/CPR Combination (AHA)		x	x