

Welcome!



Senior and Disabilities Services
Aging & Disability Resources Centers
October 16th, 2012

1 p.m. – 2:30 p.m.

Presenter: Kelda Barstad

- } Please sign-in, using the “Question” box
- Your Name
 - Anyone who is attending with you
 - Your Agency Name



Senior and Disabilities Services Alaska's Aging and Disability Resource Centers

In this one hour Webinar training....

What are the ADRCs?

Future work of the ADRCs

What ADRCs are doing now in Alaska

We want your feedback about ADRCs

What do the ADRCs do?

Who can use the ADRCs?

Where are the ADRCs located?

What is an ADRC ?

1. Provides Information & Assistance, Options Counseling and transition assistance regardless of pay sources
 2. Initial point of contact for long term services and supports
 3. Streamlines eligibility, especially for individuals who have the greatest need for immediate services
 4. Empowers individuals to make informed choices about available services through options counseling
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National Vision and Goal:

- } To have Aging and Disability Resource Centers in every community serving as highly visible and trusted places where people of all incomes and ages can turn for information on the full range of long-term support options and a single point of entry for access to public long-term support programs and benefits.*
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Person Centered Process

- } Is a process which focuses on the person
 - } It puts people in charge of defining the direction for their lives, rather than focusing solely on service systems
 - } Requires a conscious commitment to listening to the individual and important aspects of their interests and needs
 - } You can be “person centered” without doing any planning!
 - } Individuals and families have an effective means of freely expressing and securing the resolution of concerns or problems with their services, supports and providers
 - } Individual/family feedback is actively sought on the quality of services and supports
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Options Counseling

- } Interactive **Decision-Support** process.
- } Consumers, family members, significant others-are supported in their deliberations.
- } Determine appropriate long term care choices, in context of consumers needs, values, preferences, individual circumstances.
- } Promoting **informed decisions** about long term care
- } About **decision support and counseling**
- } Options counseling is a process, not an event, may take several contacts. Relationship building and trust and time to listen and understand individuals needs and preferences is essential in quality options counseling.
- } Too much information at once can be overwhelming and complicate decision making.

Person Centered Transitions

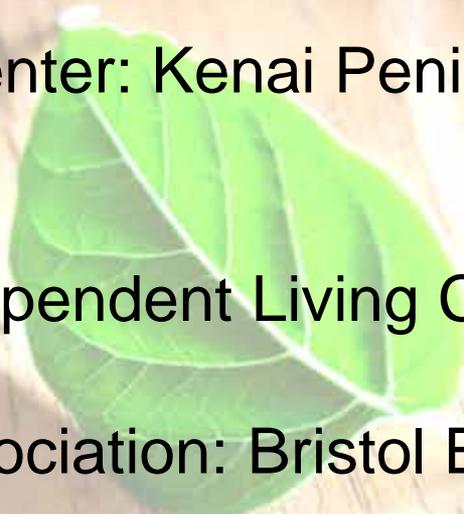
- } Patients, family members, significant others-are supported as the person transfers from institution or hospital to home.
 - } Short-term support designed to provide stability and problem solving during a critical change.
 - } Promoting **patient activation** in managing their health care services, including medication.
 - } **Connecting** the person to services across health care and HCBS to promote well being and independence.
 - } **Teaching** people how to interact with the health care system to get their needs met.
 - } Empowering people and family members to advocate for their needs.
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Who Can Use an ADRC?

- } Anyone with questions about Long Term Supports and Services
- } Seniors
- } People with any type of disability
- } Caregivers and family members
- } Providers



Where are the ADRCs?

- Municipality of Anchorage : Anchorage
 - Independent Living Center: Kenai Peninsula, Valdez, Cordova and MatSu
 - Southeast Alaska Independent Living Center: Southeast
 - Bristol Bay Native Association: Bristol Bay and Kodiak
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- A photograph of a single, vibrant green leaf with prominent veins, resting on a light-colored wooden surface with a visible grain. The leaf is positioned in the center-right of the slide, partially overlapping the text.

Alaska ADRC Programs

- } Information, Referral and Assistance Networking
 - } Standardizing Options Counseling
 - } Expanding hospital partnerships for Care Transitions
 - } Planning for a pilot project to test using the ADRCs for waiver service intake
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Long Term Goals

- } Streamlined access to financial and programmatic eligibility to all public and private services
 - } Formal Options Counseling available to all target populations
 - } Break down silos
 - } On-line application and database for services
 - } Funding to support fully functioning ADRCs statewide
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Questions and Feedback

- } We want to hear from you!
- } What's working?
- } What is not working?
- } How can the ADRCs be better?

Thank You!

- } Please write names of everyone in attendance and your agency name in the Question/Text Box if you have not already done so.
- } Today's attendance is entered into SDS database automatically
- } Certificates of attendance and class presentation materials will be sent by e-mail
- } Please allow about one week



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