

State of Alaska
Health Promotion/Disease Prevention Grantees
FY2018 through FY2020

The Aleutian Pribilof Islands Association, Inc.

Go4Life Senior Exercise Program

1131 East International Airport Road
Anchorage, Alaska 99518

<https://www.apiai.org/services/health-care/elders-program/>

Contact: Ashley Withrow, Elder Program Coordinator

Phone: 907-222-9721

Email: ashleyw@apiai.org

Catholic Community Services

Arthritis Foundation Tai Chi Program

1803 Glacier Highway
Juneau, AK 99801

<https://www.ccsjuneau.org/southeast-senior-services.html>

Contact: Marianne Mills, Director of Southeast Senior Services

Phone: 907-463-6154

Nome Community Center, Inc.

Active Living Every Day

XYZ Senior Center
104 Division Street

Nome, Alaska

<https://www.nomecc.org/elders.html>

Contact: Patricia Ward, XYZ Director

Phone: 907-443-5238

Email: pward@nomecc.org

Seward Senior Citizens, Inc.

Tai Chi for Arthritis and Falls Prevention
Staying Active and Independent for Life

336 Third Ave

Seward, AK 99664

<https://sewardsenior.org/index.php/health-fitness/>

Contact: Dana Paperman, Executive Director

Phone: 907-224-5604

Email: ssc@seward.net

Wasilla Area Seniors, Inc.

Matter of Balance Strong Seniors

Tai Chi for Rehabilitation

Go4Life

1301 S. Century Circle

Wasilla, AK 99654

Phone: (907) 376-3104

<https://www.wasillaseniors.com/programs/>