

**Senior and Disability Services**  
**Personal Care Assistance Service Level Computation**

1. Task levels are determined based on:

a. ADLs – support score of 2 or 3\* and self performance scores where (section E):

- i. 0, 1, 5, 8 = 0 x max allowable time
- ii. 2 = .5 x max allowable time
- iii. 3 = .75 x max allowable time
- iv. 4 = 1.0 x max allowable time

b. Body mobility is less than or equal to every two hours as a standard (12 x daily) reduced by any frequencies for other ADL tasks (transfer, toileting, bathing, locomotion, etc.) where body mobility is a functional part of the overall task.

ADL	Limited Assistance (2) <i>(minutes)</i>	Extensive Assistance (3) <i>(minutes)</i>	Total Assistance (4) <i>(minutes)</i>
Body Mobility	2.5	3.75	5
Transfer-non mechanical	2.5	3.75	5
Transfer- mechanical	7.5	11.25	15
Locomotion- in room	5	7.5	10
Locomotion- between levels *	5	7.5	10
Locomotion- to access appt. *	5	7.5	10
Dressing	7.5	11.25	15
Eating	7.5	11.25	15
Toilet Use	6	9	12
Personal Hygiene	10 per day	15 per day	20 per day
Personal Hygiene-shampoo	7.5 three times per week	11.25 three times per week	15 three times per week
Bathing	15 per day	22.5 per day	30 per day

\* Note: Locomotion in a multi level house and to access medical appointments do not require a support score of 2 or 3 because there is not a support score for this task.

c. IADLS – support score of 3 or 4 and self performance scores where:

- i. 0,8 = 0 x max allowable time
- ii. 1 = .5 x max allowable time
- iii. 2 = .75 x max allowable time
- iv. 3 = 1.0 x max allowable time

IADLS	Independent w/difficulty (1) <i>(minutes)</i>	Physical Assistance (2) <i>(minutes)</i>	Total Assistance (3) <i>(minutes)</i>
Light Meal prep	7.5 per meal, up to two per day	11.25 per meal, up to two per day	15 per meal, up to two per day
Main meal prep	12.5 per meal, one per day	18.75 per meal, one per day	25 per meal, one per day
Light Housekeeping	45 per week	67.5 per week	90 per week
Laundry-in home	15 per week	22.5 per week	30 per week
Laundry-out of home/incontinence	30 per week	45 per week	60 per week
Shopping	30 per week	45 per week	60 per week

d. A recipient is eligible for **supervised eating and drinking** if Nutritional Problems with chewing or swallowing is checked in Section K.3.a. If a recipient is also eligible for assistance with eating, then the time for eating and supervised eating are combined as a concurrent activity.

Supervised Eating	45 minutes per day
-------------------	--------------------

2. Medication assistance/administration (section G):

- a. Uses medication scoring for eligibility for coverage
  - i. 0, 3 = independent
  - ii. 1, 2, 4, 5, 6 = may indicated assistance
- b. Uses **personal hygiene score** for computation (grip, ROM needs are similar for tasks)
  - i. 0,1,8 = 0 x max allowable time
  - ii. 2,5 = .5 x max allowable time
  - iii. 3 = .75 x max allowable time
  - iv. 4 = 1.0 x max allowable time
- c. A recipient is eligible for **supervised medication assistance/administration for four minutes** per frequency if Nutritional Problems with chewing or swallowing is checked in Section K.3.a.

Covered service	Limited Assistance (2) (minutes)	Extensive Assistance (3) (minutes)	Total Assistance (4) (minutes)
Medication	2	3	4

- d. A recipient is eligible for medication reminders if one of the following is a “no” on the Medicaid Personal Care Services Eligibility page.
  - i. Decision Making Skills
  - ii. Making Self Understood
  - iii. Ability to Understand Others
  - iv. Managing Finances-Self Performance
  - v. Managing Finances-Support

Medication Reminder	one minute per frequency
---------------------	--------------------------

- 3. Vital signs: Uses **personal hygiene score** (grip, ROM needs are similar for tasks)
  - i. 0, 1, 5, 8 = 0 x max allowable time
  - ii. 2 = .5 x max allowable time
  - iii. 3 = .75 x max allowable time
  - iv. 4 = 1.0 x max allowable time

Covered service	Limited Assistance (2) (minutes)	Extensive Assistance (3) (minutes)	Total Assistance (4) (minutes)
Vital signs/glucose levels	2	3	4

- 4. Dressings/bandages/oxygen use:
  - a. Uses **personal hygiene score** (grip, ROM needs are similar for tasks)
    - i. 0, 1, 5, 8 = 0 x max allowable time
    - ii. 2 = .5 x max allowable time
    - iii. 3 = .75 x max allowable time
    - iv. 4 = 1.0 x max allowable time

Covered service	Limited Assistance (2) (minutes)	Extensive Assistance (3) (minutes)	Total Assistance (4) (minutes)
Dressings/bandages/oxygen	2.5	3.75	5
Sterile wound care	7.5	11.25	15

- b. Respiratory equipment maintenance:
  - i. Uses **Light housekeeping score** (tasks similar)
  - ii. 0, 1, 8 = 0 x max allowable time
  - iii. 2 = .75 x max allowable time
  - iv. 3 = 1.0 x max allowable time

Covered service	Physical Assistance (2)	Total Assistance (3)
Oxygen maintenance	7.5 min weekly	15 min weekly

- 5. Documentation: uses **personal hygiene score** (grip, ROM needs are similar for tasks)
  - i. 0, 1, 5, 8 = 0 x max allowable time

- ii. 2 = .5 x max allowable time
- iii. 3 = .75 x max allowable time
- iv. 4 = 1.0 x max allowable time

Covered service	Limited Assistance (2) <i>(minutes)</i>	Extensive Assistance (3) <i>(minutes)</i>	Total Assistance (4) <i>(minutes)</i>
Documentation	5	7.5	10

- 6. Range-of-motion, exercise, foot care task:
  - a. As prescribed , and
  - b. consistent with the assessment, and
  - c. meets the identified needs of the applicant/recipient
  
- 7. Escort task:
  - a. Based on CAT documented routine medical or dental appointment times annually divided by 52 weeks, and
  - b. consistent with the assessment, and
  - c. meets the identified needs of the applicant/recipient
  
- 8. The service level authorized is based on concurrent performance of activities, e.g., while wash cycle running, dishes may be washed, floor vacuumed, bathroom cleaned, and other multitask activities.
  
- 9. Inefficiency of an assistant and/or the extend a recipient's habits make the service level larger are not factors of self-performance scoring and are not included in the service level computation.