LET'S EAT MORE of ALASKA'S TRADITIONAL FOODS!

You can donate hunted and gathered foods to food service programs, senior meals, food banks, schools, hospitals, etc.

Help keep Alaskans healthy by sharing our local foods!

HOW TO DONATE:

- **Meats:** whole, quartered, or roasts
- **Fish:** gutted and gilled, with or without heads
- **Plants:** whole, fresh or frozen

DONATE THESE:

- Most wild game meat
- Fish
- Seafood *(excluding molluscan shellfish)*
- Marine mammal meat and fat *(unfermented maktak and seal meat)*
- Plants, including fiddlehead and sourdock
- Berries
- Wild Mushrooms
- Eggs *(whole, intact, and raw)*

NOT THESE:

- Fox, polar bear, bear, and walrus meat
- Seal oil or whale oil, with or without meat
- Fermented game meat *(beaver tail, whale flipper, seal flipper, and walrus)*
- Homemade canned or vacuum sealed foods
- Smoked or dried seafood products, unless those products are prepared in a seafood processing facility permitted under 18 AAC 34
- Fermented seafood products *(salmon eggs, fish heads, and other)*
- Molluscan shellfish

ADDITIONAL INFORMATION CAN BE FOUND AT:
http://dec.alaska.gov/eh/fss/food/traditional_foods.html
http:// http://www.uaa.alaska.edu/elders/traditionalfoods

Alaska Food Policy Council — health. self-reliance. prosperity.
Food Bank of Alaska
Alaska Child Nutrition Programs
Farm to School Alaska
Alaska Grown
NMS
Utuqqanaat Inaat — A Place for Elders
Alaska Native Tribal Health Consortium
SPORK
Alaska DEC
UAA National Resource Center, University of Alaska Anchorage
UAA Department of Health Sciences, University of Alaska Anchorage
UAA Institute for Circumpolar Health Studies, University of Alaska Anchorage

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