

## Handout 6: Resource list

# Alaska Medication Education



There's more to say about managing medicine than we can cover in one class.

You can find more helpful information (and this class) at the Alaska Medication Education website made by the Alaska Department of Health and Social Services, Division of Senior and Disabilities Services.

Here is the link: <http://dhss.alaska.gov/dsds/MedEd>

Or you can find the website by using Google or another search engine.

Put in the words 'Alaska Med Ed' and push the 'enter' key. Click on 'Alaska Medication Education' from the list that comes up. The site looks like this:



- **To get to a page:** Click on any of the buttons on the left side.
- **To see and hear videos:** Click on any of the pictures
- **To go to the checklist to help you identify medicine problems that you're having that might cause harm:** Click on the "Med Check" picture.
- **To get back to this main page:** Click on the  Home button on each page.
- **To go to other pages from any page:** Click on any of the items under "Go to..."
- **To get back to the page you were on before:** Click on the "back" arrow at the top left of your browser.
- Click on  Contact Us to tell us what you think and to ask questions.