

ASPEN

Alaska Safety Planning
Empowerment Network



Statewide Committee

Lanny Mommsen, Project Director

GCDSE

CHD

Christine King
Karen Heath
Rebekah Moras



ANDVSA

Ariel Herman

AMHB/ABADA

Teri Tibbett

SILC

Heidi Frost

Focus Community Committee

- Developmental Disability Agency
- Domestic Violence/Sexual Assault Shelter
- Independent Living Center
- Tribal Organization
- Mental/Behavioral Health Agency

Activities Since May – FY15 Community

- Strategic Plan was implemented
- “In her Shoes” Training
- ASPEN Satisfaction survey completed
- All contracts closed out

Activities Since May – FY16 Community

- Trip to FY16 community and ASPEN presentation
- Obtained commitment from agencies
- Received Alaska Area IRB Approval

Upcoming Activities

- Tribal Review
- Contracts to be sent out
- Needs Assessment
 - Policy and Procedure Review
 - Focus Groups
 - Key Informant interviews

Work Plan

- Goal:2.1, Objective: 2.1.6
- Implemented ASPEN in FY15 focus community
- Selected FY16 focus community



Health and Disability Program Committee

Steering Committee:

Lanny Mommsen
Amanda Cooper
Rain Van Den Berg



Current Partners

- Hope Discover Health
- Northwest ADA Center
- SILC
- Chronic Disease Collaborative
- EP Workgroup
- Access AK
- Red Cross
- Special Olympics
- Peer Power
- GCDSE
- Tobacco Advisory Group- ANTHC

Committee Members

- Julie Harvey, MOA
- Rick Benjamin, HOPE
- Lori Campbell, HS
- Merry Carlson, EP
- Heidi Frost, SILC
- Christine King, CHD
- Margaret Kossler, Family Advocate
- Tim Slade, ARC
- Julia Thorsness, WCFH
- Stephanie Wrightsman-Birch, WCFH

Successes

- Community Spotlight on AHDP and APA program
- I can do it – Community Inclusion award
- AHDP was represented in Finland

Activities Since May

- Presentations/trainings
- Conferences/fairs

FY16 Top Projects



- Adaptive Physical Activity
- Friendship and Dating
- Health Matters
- Special Olympics

Teaming for Success



FY16 Top Projects

- Statewide Independent Living Council – Emergency Preparedness workshop
- Get out and Play sponsorship



Work Plan

- Objective 8.1.3
 - Trainings- Preventive health care
- Objective 8.1.4
 - Trainings- Emergency Preparedness