



# FASD WORKGROUP

Jeanne Gerhardt-Cyrus – Chair

Hope Finkelstein – Co Chair

# MEMBERS

Aileen McInnis

Alex Edwards

Barb Chambers

Betsy Chivers

Clayton Holland

Deb Evensen

Art Delaune

Michael Baldwin

Michael Jeffery

Laura Ba'ez

Liz Joseph

Anna Attla

Teri Tibbett

Travis Hedwig

Erin Johnson

Representative Ivy Spohnholz

Jenn Wagaman

Lakota Holman

Sherrell Holtshauser

Laurie Whitlock

Chris Fraczek

Tory Shanklin

Sue Mayer

Meghan Clark

Stacy Toner

Duane Mayes

Jill Burkert

Laurie Whitlock

Marilyn Pierce-Bulger

Matthew Hirschfeld

Tami Eller

Jackie Lannon

Christy Knight

Cheri Scott

Vickie Tinker

Laura Young-Campbell

Mary Middleton

Shannon Cross-Azbill

Maureen Harwood

Jeanne Gerhardt-Cyrus --Chair

Hope Finkelstein - Co-Chair

Staff:

Lanny Mommsen

# RECENT ACTIVITIES

- September FASD Awareness month
  - Moment to Moment: Teens Growing up with FASDs at Bear Tooth Theater September 17<sup>th</sup>
  - Governor's Proclamation for FASD Awareness Day
  - Social Media Toolkit & campaign
- August 23<sup>rd</sup> 1-3pm FASD update meeting
  - Infographic for the 5 year Strategic Plan
- October 1, 2018 – Full day meeting for FASD workgroup

# Updating Strategic Plan

- Comprehensive, collaborative statewide Five Year Plan
  - Priority Areas:
    - Primary Prevention of FASDs
    - Screening for and Diagnosis of FASD
    - Early Childhood and Education
    - Systems Transformations and Navigation: Youth and Adult
    - Community Outreach & Education
    - (Embedded in other Groups) Workforce Development



# FASD IS <sup>♥</sup> PREVENTABLE NO (ALCOHOL) FOR 9 (MONTHS)



## VISION

The prevalence of Fetal Alcohol Spectrum Disorders (FASDs) is reduced and individuals who experience FASDs and their caregivers are empowered to reach their unique and full potential. Through education, prevention, and provision of quality, relevant supports and services, Alaska is a FASDs- informed state.



1. Raise awareness of FASDs, a range of neurodevelopmental (brain-based) disabilities that can affect any person exposed to alcohol before birth.
2. Reduce the incidence of alcohol-exposed pregnancies.
3. Address the stigma associated with FASDs by educating Alaskans to understand the complexities of the disability in a way that honors the strengths of those impacted, to promote an inclusive, accepting culture.
4. Reduce the co-occurrence of childhood trauma and FASDs by increasing supports for high-risk families, building resilience, and improving access to treatment for early childhood trauma.
5. Define and promote FASD-informed care in Alaska.
6. Advocate for fully fund appropriate services, supports and education for individuals and families with FASDs to increase self-advocacy, prevent crises, and reduce adverse outcomes, such as substance misuse, incarceration, and suicide.

## Three-to-five year target

- Alaska Pregnancy Risk Assessment Monitoring System (PRAMS)\* data reflects mothers who have recently had a baby reporting:
  1. An increased prevalence of health care workers advising women not to drink alcohol while pregnant
  2. A reduced prevalence of prenatal alcohol use by women (during the last three months of pregnancy)
- Increase health care provider access, and use of, validated tools to screen for alcohol use among women of reproductive age, especially those who are pregnant.
- Increase prenatal care provider access to validated tools to screen for alcohol use.
- Increase screening rates for child development (Identify data source and baseline).
- Increase number of referrals for FASD diagnostic services, including from Office of Children's Services, Department of Juvenile Justice and the Department of Corrections for diagnostic services.
- Quantify the number of FASDs diagnoses in Alaska by State-funded teams from 2000 to present.
- Establish a baseline prevalence rate for FASDs in Alaska.

## Priorities



1. Primary Prevention of FASDs
2. Screening for and Diagnosis of FASD
3. Early Childhood and Education
4. System Transformation and Navigation: Youth and Adults
5. Workforce Development
6. Community Outreach and Engagement



# UPCOMING ACTIVITIES

- Priority Area Groups continue to meet
- Next FASD update meeting – To be determined

QUESTIONS ?

