FASD WORKGROUP

Jeanne Gerhardt-Cyrus – Chair
Meghan Clark – Co-Chair
MEMBERS

Aileen McInnis
Alex Edwards
Barb Chambers
Betsy Chivers
Clayton Holland
Deb Evensen
Art Delaune
Michael Baldwin
Michael Jeffery
Laura Ba’ez
Liz Joseph
Anna Attla
Teri Tibbett
Travis Hedwig
Erin Johnson

Representative Ivy Spohnholz
Jenn Wagaman
Lakota Holman
Sherrell Holtshauser
Laurie Whitlock
Chris Fraczek
Tory Shanklin
Sue Mayer
Meghan Clark
Stacy Toner
Laurie Whitlock
Marilyn Pierce-Bulger
Matthew Hirschfeld
Tami Eller

Jackie Lannon
Christy Knight
Cheri Scott
Vickie Tinker
Laura Young-Campbell
Mary Middleton
Shannon Cross-Azbill
Maureen Harwood
Hope Finkelstein
Laurie Hodne

Jeanne Gerhardt-Cyrus –Chair
Meghan Clark – Co-Chair

Staff:
Lanny Mommsen
RECENT ACTIVITIES

• August 27\textsuperscript{th} 1-2:30pm FASD update meeting
• Priority Area Work groups meetings (about 1x month
• FASD Awareness month activities
• Creating a Communications Plan
• Discussed FASD Awareness month with Don Young
Examples of Workgroup activities

- **Priority Areas:**
  - Primary Prevention of FASDs
    - Two LEND Fellows projects
  - Screening for and Diagnosis of FASD
  - Early Childhood and Education
  - Systems Transformations and Navigation: Youth and Adult
  - Community Outreach & Education
    - Jeanne & Jenn presentation on FASD at Full Lives
  - Workforce Development
STATE OF ALASKA

Executive Proclamation
by
Governor Michael J. Dunleavy

WHEREAS, providing healthy environments for infants and children to develop and grow is essential in ensuring the well-being and productivity of future generations of Alaskans; and

WHEREAS, consuming alcohol at any stage of pregnancy can cause Fetal Alcohol Spectrum Disorders (FASD), which refers to conditions caused by prenatal exposure to alcohol, and can lead to lifelong complications such as physical, behavioral, and learning disabilities; and

WHEREAS, FASD is a leading cause of preventable and permanent birth defects and intellectual and developmental disabilities. Alaska has the highest known incidence of FASD in our nation, with more than 150 Alaskans diagnosed every year, and the number of neural cases estimated to be even greater; and

WHEREAS, children with FASD are often undiagnosed until a child has reached school age. While there is no cure, early intervention, diagnosis, and treatment have been shown to significantly help children with FASD learn to cope with disabilities; and

WHEREAS, in addition to the personal and emotional difficulties, the lifetime health and social costs in medical care, special education, specialized services, and lost productivity are estimated to cost millions for each individual with FASD; and

WHEREAS, each year, on the ninetieth day of the ninth month, we are reminded of the importance of abstaining from alcohol during pregnancy, and to support healthy prenatal choices in our communities.

NOW THEREFORE, I, Michael J. Dunleavy, Governor of the State of Alaska, do hereby proclaim September 9, 2019 as:

Fetal Alcohol Spectrum Disorders Awareness Day

in Alaska, and encourage all Alaskans to abstain from alcohol consumption throughout the course of pregnancy, and to support pregnant family members, friends, and neighbors in their commitment to protect the next generation.

Dated: September 9, 2019

FASD Awareness Month activities

Fetal Alcohol Spectrum Disorders
FASD.
Bad days + Good days
We get it.
We can help.
Teen and Family support group
Meets Monday evenings 1x / month.
Meet new friends! Learn and share ways to succeed at home and in school.

To RSVP or for more info, email us at: info@alaskacenterforfasd.org
FASD Awareness Month activities

FREE MOVIE + DISCUSSION

MOMENT TO MOMENT: TEENS GROWING UP WITH FASDS

“Moment to Moment” chronicles the lives of four adolescents living with Fetal Alcohol Spectrum Disorders (FASDs). Join us for an eye-opening look at what it’s like to experience an FASD, and learn how you can be a part of positive change. Panel discussion follows.

Thursday
September 5, 2019
6:30 - 8:30 PM
Auditorium
Anchorage Museum at Rasmuson Center
625 C St.
Anchorage, AK 99501

More info: (p) (907) 866-3279 / (e) info@alaskacentercorfasad.org / www.alaskacentercorfasad.org

Think
B4U Drink

THERE IS NO KNOWN SAFE AMOUNT OF ALCOHOL TO DRINK DURING PREGNANCY

Why Risk It?

FREE NON-ALCOHOLIC BEVERAGE FOR EVERY PREGNANT WOMAN AT PARTICIPATING RESTAURANTS

To learn more about FASDs and the effects of alcohol consumption during pregnancy, please visit: http://fasd.alaska.gov

Contact the Alaska FASD Partnership at: atfasdpartnership@alaska.gov

Sponsored by the Alaska FASD Partnership, in collaboration with Alaska CHARR (Cabinet, Hotel, Restaurant, and Retailer’s Association), Alaska Mental Health Trust Authority, and many volunteers.
FASD Awareness Month activities

Stone Soup Group

FASD INTO ACTION

An overview of Fetal Alcohol Spectrum Disorder (FASD), behaviors associated with the diagnosis, and positive techniques for dealing with them. Participants will gain a better understanding of the diagnosis and become more effective caregivers and advocates for children who experience FASD. Presented by certified trainer: Tami Eller

Saturday, September 7th, and Saturday, September 14th, 9am to 5pm
Participants are expected to attend both sessions
$50.00 per person - scholarships available
Lunch is provided

REGISTRATION REQUIRED!
WWW.STONE SOUP GROUP. ORG

(907) 561-3701

THE ANCHORAGE SCHOOL DISTRICT DOES NOT ENDORSE THESE MATERIALS OR THE VIEWPOINTS EXPRESSED IN THEM.
UPCOMING ACTIVITIES

• Priority Area Groups continue to meet
• Next all day FASD meeting (to update strategic plan) October 2\textsuperscript{nd} 2019
QUESTIONS ?