



FASD WORKGROUP

Jeanne Gerhardt-Cyrus – Chair

Meghan Clark – Co-Chair

MEMBERS

Aileen McInnis

Alex Edwards

Barb Chambers

Betsy Chivers

Clayton Holland

Deb Evensen

Art Delaune

Michael Baldwin

Michael Jeffery

Liz Joseph

Anna Attla

Teri Tibbett

Representative Ivy
Spohnholz

Jenn Wagaman

Sherrell Holtshauser

Sue Mayer

Meghan Clark

Stacy Toner

Laurie Whitlock

Marilyn Pierce-Bulger

Matthew Hirschfeld

Tami Eller

Cheri Scott

Vickie Tinker

Laura Young-
Campbell

Mary Middleton

Shannon Cross-Azbill

Maureen Harwood

Hope Finkelstein

Laurie Hodne

Jeanne Gerhardt-
Cyrus –Chair

Meghan Clark – Co-
Chair

Staff:

Lanny Mommsen



RECENT ACTIVITIES

- Priority Area Work groups meetings (about 1x month)
- FASD Awareness month activities
- Long Acting Reversible Contraceptive (LARC) Letter of Support
- Meetings with Autism Ad Hoc leadership to discuss combining efforts

FASD Awareness Month activities

- Virtual movie & discussion event-Moment to Moment: Teens Growing Up with FASD sponsored by Alaska Center for FASD on Weds 9/9

- Alaska Center for FASD is virtually resuming two groups for:

- o Youths who experience an FASD

- o Parents/Caregivers of Youths who experience an FASD



Traci & Angela- members of our groups

Alaska Center for FASD is virtually resuming two groups for:
Youths who experience an FASD
Parents/Caregivers of Youths who experience an FASD

The PARENT/CAREGIVER group only will resume on TUESDAY SEPTEMBER 22nd 7-8:30pm

Use this link to access the group:

<https://zoom.us/j/91913881707?pwd=SHo0NzBCWkxURGVJTHFPV2FBuUFIzOz09>

The youth group resume date is pending based on parent conversation at their meeting. Youths are a good fit for this group if they a) *know that they experience an FASD* b) are between ages of 13-25 c) are not in active crisis (this is a support, not therapy group), and d) can manage using the Zoom online platform. Once we are able to resume in-person meetings in 2021 (no idea re: timeline) we recommend that they also be able to self-regulate in a group with other youths.



Anthony & Jacob supporting our efforts to get the word out about FASD!

For questions contact us: info@alaskacenterforfasd.org or call us 907/249-6641

FASD Awareness Month activities

IMPACT
Lifesavers wear Red Shoes.



 Let Our Stories Be Told.
Embrace Our Truth

Red Shoes Rock,
an international
awareness campaign
giving voice and
support to those
affected by prenatal
alcohol exposure


Like Us

Red Shoes Rock FASD Aware
SHARE • CARE • JOIN



Alaska Center for
Fetal
Alcohol
Spectrum
Disorders

You are invited!

International FASD Awareness Day Zoom Movies

Wednesday September 9, 2020

Moment to Moment: Teens Growing Up with FASD by NTI Upstream



This 59-minute documentary presents the stories of four teens, their families, and one criminal justice case. It is an enlightening combination of medical/scientific information presented by experts in the field of prenatal substance/alcohol exposure and longitudinal storytelling. It clearly demonstrates the range of this disability, challenges for those who experience Fetal Alcohol Spectrum Disorders (FASD), and strategies their families/caregivers use to help them. The movie will be followed with a discussion hosted by FASD self-advocates.

To register and receive the event login link for either event copy & paste link below into your web browser well before the viewing start time:

WHEN: 12:00-1:30 PM <https://zoom.us/join/zoom/register/UYvcu-rqTlqG9QY8NGeDaQ08mWui6yCmfvr>

OR

WHEN: 7:00-8:30 PM <https://zoom.us/join/zoom/register/U0oce-rpzMiGNnqC9wq5leCnAP5oiUyOgUF>

For questions contact us: info@alaskacenterforfasd.org or call 907/249-6641



UPCOMING ACTIVITIES

- Priority Area Groups continue to meet
- FASD meeting October – date – to be determined

QUESTIONS ?

