



## Please join the Council in supporting the Complex Behavior Collaborative

The inclusion of GF/MH base funding for the Complex Behavior Collaborative in the SFY15 budget is integral to the continuation of these necessary services.

### **WHAT IS IT?**

The Complex Behavior Collaborative (CBC) provides intensive support and intervention to individuals at risk of being removed from their community and placed in an institution. The CBC provides services to individuals, age six and older, who experience behaviors that present a high risk of danger to themselves and/or others. The Division of Behavioral Health identified experts knowledgeable in behavior intervention for individuals with developmental disabilities, mental health diagnosis, brain injuries, and Alzheimer's disease and related dementia. These experts provide individualized training and consultation to local providers and families, increasing their knowledge of behavior management.

### **SERVICES PROVIDED:**

- Assessment of the behavior and its function
- Development of a behavior intervention plan
- Training for families and providers
- Implementation of the behavior intervention plan
- Facilitation of data collection
- Ongoing consultation as needed
- Results-based evaluation

### DATA<sup>1</sup>:

- SFY13 data shows 42 individuals received CBC services. Of those, 11 successfully graduated, 27 are still receiving services, and 4 left the program.
  - 76% of participants avoided institutional care.
  - 93% of participants maintained their community placement status.
  - A comparison of the pre- and post-program cost by participants in SFY12 showed a savings of \$197,582 from the individuals who were discharged from the program.
  - CBC participants spent an aggregate of 227 days at API before receiving CBC services, but an aggregate of nine days after discharge from CBC. API Acute Care services cost an average of \$1,263.78 per day. The number of days participants spent incarcerated was also significantly reduced.
  - Agencies report a significant decrease in behaviors that put participants' community placement at risk.
  - Agencies report a significant increase in participants' involvement in their school, work or other activities, as well as self-direction and access to natural supports.
  - 27 agencies are involved in the following communities: Anchorage/Eagle River, Mat-Su, Fairbanks, Kenai Peninsula, Homer, Valdez, Cordova, Juneau, and two northern villages.

### WHY IS IT NEEDED?

- To reduce and prevent the number of individuals who are placed in high cost institutional care systems (i.e., Alaska Psychiatric Institute, out-of-state Intermediate Care Facilities for the Intellectually Disabled, or the Department of Corrections).
- Develop in-state provider capacity to meet the needs of individuals with complex behavior management needs.
- Assist the state in meeting its Americans with Disabilities Act requirements for community services required under the Supreme Court decision, *Olmstead v. LC*.

**Please support a \$450.0 GF/MH base funding increment to continue necessary services provided by the Complex Behavior Collaborative in the SFY15 budget.**

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<sup>1</sup> Alaska Department of Health and Social Services, Division of Behavioral Health, CBC SFY13 Annual Report.