

Governor’s Council on Disabilities and Special Education

2011-2016 Amended 5 Year Plan Goals and Objectives

Draft--June 24, 2014

1. ADVOCACY AND LEADERSHIP

Goal 1.1 The Council, in collaboration with the Center for Human Development and the Disability Law Center of Alaska, will assist and support a statewide self-advocacy organization led by individuals with developmental disabilities and support opportunities for self-advocates to participate in public policymaking

Objectives	Activities	Timelines
1.1.1 Provide ongoing support to Peer Power, a statewide self-advocacy organization	<ul style="list-style-type: none"> a) Support self-advocates to begin re-establishing a self-advocacy organization b) Assist the self-advocacy organization to meet regularly, gather new members and locate ongoing funding c) Assist the self-advocacy organization to create and implement a strategic plan and website d) Assist the self-advocacy organization to implement work plan and locate funding for a statewide conference e) Assist the self-advocacy organization to hold a statewide conference f) Identify at least one opportunity annually for self-advocates who are leaders to provide leadership training to other self-advocates who may become leaders g) Support at least one self-advocate to participate in a cross disability or culturally diverse leadership coalition 	<ul style="list-style-type: none"> a) By end of 2011-2012 b) By end of 2012-2013 c) By end of 2013-2014 d) By end of 2014-2015 e) By end of 2015-2016 f) Ongoing annually g) Ongoing annually

Goal 1.2 Increase the knowledge of policymaking process and advocacy skills of at least 100 Alaskans with intellectual and developmental disabilities, family members and/or service providers

Objectives	Activities	Timelines
1.2.1 Provide at least one opportunity annually to Council members, self-advocates, family members and providers to advocate for issues of importance to the Council	<ul style="list-style-type: none"> a) Provide at least one grassroots advocacy training on a legislative priority b) Provide at least one opportunity for Council members to advocate on priority issues 	<ul style="list-style-type: none"> a) Annually b) Annually
1.2.2 Continue to support and participate in the Key Campaign, an annual advocacy effort with the Legislature led by the Key Coalition	<ul style="list-style-type: none"> a) Participate in Key Coalition planning meetings b) Provide limited funding for self-advocates and family members to participate in Key Campaign c) Provide Council staff support to the Key Campaign 	<ul style="list-style-type: none"> a) Quarterly, or as needed b) In February of each year c) In February of each year
1.2.3 Continue to support Partners in Policymaking (PIP) at the Center for Human Development (CHD)	<ul style="list-style-type: none"> a) Participate in PIP planning meetings b) Support self-advocates to participate in PIP trainings as trainers and trainees 	<ul style="list-style-type: none"> a) Quarterly, or as needed b) For each scheduled PIP training

2. COMMUNITY CHOICE AND SUPPORTS

Goal 2.1 Advocate for a minimum of 5 new or amended state or public programs, policies or practices per year that promote consumer choice, flexibility and control of services

Objectives	Activities	Timelines
2.1.1 Advocate for a “living wage” for Direct Service Professionals (DSPs)	<ul style="list-style-type: none"> a) Council staff and members to participate in Livable Wage 2020-DSP work group b) Provide research support and studies to workgroup c) Research other state DSP living wage initiatives (NACDD, UCEDD, etc) d) Ask Division of Senior and Disability Services (SDS) director to research other state DSP living wage initiatives 	<ul style="list-style-type: none"> a) Monthly or as needed b) As needed c) By October, 2014 d) By October, 2014

<p>2.1.2 Explore the use of technology and tele-practices to increase services in rural communities</p>	<p>a) Research current tele-practice services in state b) Identify barriers in terms of infrastructure (bandwidth, equipment, technical support, funding) c) Lead tele-practice work group to include representatives from all Council committees</p>	<p>a) By November 2014 b) By November 2014 c) Monthly, starting in November 2014</p>
<p>2.1.3 Review the process of SDS’s Registration and Review (i.e. “I/DD Waitlist”) through the I/DD Registration and Review Workgroup (including FASD eligibility) and make recommendations for changes</p>	<p>a) Participate in the I/DD R&R Workgroup meetings with SDS b) Research other states work in this area c) Develop recommendations for change d) Review draft regulations on changes and provide further recommendations</p>	<p>a) Every other month or as needed b) By December 2014 c) By February 2014 d) By July 2015</p>
<p>2.1.4 Fetal Alcohol Syndrome Disorders (FASD) workgroup to develop recommendations for improved services to this underserved population</p>	<p>a) Form work group of Council members and partners b) Develop work plan for group c) Participate in other partners discussions/meetings related to FASD and identify collaborative opportunities</p>	<p>a) Done—group meets monthly b) By October 2014 c) As needed</p>
<p>2.1.5 Review the CMS guidelines for HCBS Settings and Other Requirements (issued by CMS on 1/13/2014) and comment on SDS’s implementation plan</p>	<p>a) Participate in any SDS sponsored workgroups and public input processes before plan is developed b) Review draft plan, comment and provide recommendations</p>	<p>a) By November 2014 b) By January, 2015</p>
<p>2.1.6 Implement the Alaska Safety Planning Empowerment Network (ASPEN) in at least one new community to better meet the needs of individuals with disabilities who are victims of sexual or physical assault</p>	<p>a) Convene partners and select 1 community for replication b) Work with local community to conduct needs assessment c) Facilitate strategic planning session in targeted community d) Provide technical assistance and training to assist local community to implement strategic plan, including policy change</p>	<p>a) Done b) By December, 2014 c) By March, 2015 By June, 2015</p>

Objectives		Timelines
2.1.7 Conduct statutorily mandated responsibilities as a beneficiary board to the Alaska Mental Health Trust Authority (AMHTA)	a) Participate in the AMHTA budget recommendation and planning process b) Collaborate with the AMHTA and partner boards on legislative priorities including participation in the advocacy coordination meetings c) Collaborate with the AMHTA in implementing public awareness campaign to reduce stigma d) Participate on the committee for the distribution of mini grants to individuals with I/DD	a) Ongoing b) Ongoing c) Ongoing d) Ongoing

3. HOUSING

Goal 3.1 Advocate for a minimum of 2 new or amended state or public programs, policies or practices that increase accessible, affordable housing per year

Objectives	Activities	Timelines
3.1.1 Increase the use of assistive technology that allows individuals with disabilities to live independently in the community	a) Research information on technology that increases independence for individuals with disabilities to live more independently in the community b) Make recommendations to Trust regarding the use of technology to increase independence c) Fund pilot projects utilizing \$50,000 in capital funding from the Trust	a) By October 2014 b) By January 2014 c) By January each year
3.1.2 Conduct survey of providers, self-advocates and families on housing barriers and issues that affect person with I/DD	a) Define scope of survey and design including identifying the availability of supported housing for individuals with I/DD and co-occurring disorders b) Conduct survey	a) By October, 2014 b) By February, 2015

	c) Analyze data and report back to Council and share with partners	c) By May, 2015
3.1.3 Participate in housing coalitions to increase the amount of housing available to individuals with disabilities	a) Participate in the AMHTA housing focus area b) Participate in the homeless coalition	a) Ongoing b) Ongoing

4. TRANSPORTATION

Goal 4.1 Advocate for a minimum of 3 new or amended state or public programs, policies or practices per year that increase accessible public transportation options

Objectives	Activities	Timelines
4.1.1 Monitor transportation changes in Medicaid and waiver regulations/policies	a) Monitor transportation regulation changes and provide public comment b) After implementation of new regulations or policy changes, gather feedback from providers on impact of changes c) Participate in SDS community workgroup on transportation	a) As needed b) After September, 2014 c) Quarterly
4.1.2 Advocate for accessible taxi options in communities around the state	a) Monitor new Anchorage accessible taxi ordinance and implementation of the new requirements b) With Alaska Mobility Coalition and other partners, present accessible taxi models to the Governor's Task Force on Coordinated Transportation and other local government bodies	a) Until June 2015, then evaluate need to continue monitoring b) Ongoing

<p>4.1.3 Provide technical assistance to help communities establish coordinated accessible transportation options</p>	<ul style="list-style-type: none"> a) Support the Alaska Mobility Coalition’s advocacy agenda through membership and participation in meetings b) Participate in Municipality of Anchorage and State of Alaska proposal evaluation committees for human service transportation grant requests c) Participate in national coalitions such NCIL and APRIL that monitor federal level support of accessible transportation options d) Participate in Anchorage Transit Advisory Board meetings 	<ul style="list-style-type: none"> a) Ongoing b) Annually—SOA in spring and MOA in summer c) Monthly d) Monthly
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5. EMPLOYMENT

Goal 5.1 Advocate for a minimum of 5 new or amended state or public programs, policies or practices per year that improve employment opportunities

Objectives	Activities	Timelines
<p>5.1.1 Oversee implementation of the Employment First Act</p>	<ul style="list-style-type: none"> a) Develop a list of what is currently in alignment with this act, what is not, and what best practices should be b) Meet with Commissioner of Health and Social Services to discuss next steps c) Advocate for cross department meeting of Commissioners of departments effected by act and help to facilitate this meeting d) Establish baseline of data sets to be monitored and evaluated including service definitions 	<ul style="list-style-type: none"> a) By August 2014 b) By September 2014 c) By November 2014 d) By June 2015

<p>5.1.2 Increase employment of youth with disabilities in transition from school to adult life</p>	<ul style="list-style-type: none"> a) Support continuation and expansion of the Project SEARCH sites in Alaska b) Work with school districts to develop strong business partnerships for transition services 	<ul style="list-style-type: none"> a) Ongoing and one new program by Fall 2016 b) On going
<p>5.1.3 Work with the Center for Human Development, the Trust and other partners to increase provider capacity for employment services and supports</p>	<ul style="list-style-type: none"> a) Develop process for benefits planning to be delivered through video conferencing and distance delivery methods b) Develop process for customized employment trainings to be delivered through video conferencing and distance delivery methods 	<ul style="list-style-type: none"> a) By March 2015 b) By January 2015
<p>5.1.4 Advocate for changes in the State's I/DD Home and Community Based Services (HCBS) and Medicaid around supported employment services</p>	<ul style="list-style-type: none"> a) Develop proposed regulations to clarify and expand definitions of employment services under the HCBS waiver system and Medicaid 	<ul style="list-style-type: none"> a) By November 2014
<p>5.1.5 Increase the use of the <i>Provisional Hire Program</i> (a trial work period for qualified persons with disabilities that can be turned into a permanent hire)</p>	<ul style="list-style-type: none"> a) Develop written State of Alaska operations procedures to maximize use of provisional hire b) Advocate for additional coverage in State of Alaska training classes and materials for Hiring Managers c) Meet with Hiring Managers one on one and in small groups to demonstrate success stories of the program 	<ul style="list-style-type: none"> a) By November 2014 b) By March 2015 c) Begin by June 2015
<p>5.1.6 Work with partners to develop and implement a plan to double the number of individuals with intellectual and developmental disabilities who are employed by 2016</p>	<ul style="list-style-type: none"> a) Increase the number of trained customized employment (CE) providers through agreed upon standards for CE "certification" b) Increase the number of Community Work Incentives Coordinators through collaborative CWIC training opportunities c) Increase asset building opportunities for Alaskans with disabilities including free tax preparation, individual development accounts and financial literacy trainings 	<ul style="list-style-type: none"> a) Ongoing b) Ongoing c) Ongoing

<p>5.1.7 Increase opportunities for individuals with disabilities to become self-employed using the microenterprise program</p>	<ul style="list-style-type: none"> a) Advertise the program statewide (especially to individuals with I/DD) b) Convene the evaluation committee to review applications c) Award grants to entrepreneurs d) Provide ongoing business coaching services to help entrepreneurs maintain and grow their business e) Incorporate customized self-employment processes into the existing fund's operations 	<ul style="list-style-type: none"> a) Ongoing b) Three times per year c) Three times per year d) Ongoing e) Annually
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6. EARLY INTERVENTION

Goal 6.1 Advocate for a minimum of 4 new or amended state or public programs, policies or practices per year that improve quality early intervention services

Objectives	Activities	Timelines
<p>6.1.1 Research ways to use tele-practice and distance delivery methods to improve Infant Learning Services in Alaska</p>	<ul style="list-style-type: none"> a) Research ILP providers who utilize tele-practice in Alaska b) Research barriers in terms of infrastructure; bandwidth, equipment, technical support, funding, access in Native and non-Native health care systems c) Research barriers in terms of personnel; professional guidelines, training; staff preparation, licensing (SLP, OT, PT) d) Make recommendations to the Council work group on tele-practice e) Make recommendations to state EI/ILP on improving tele-practice 	<ul style="list-style-type: none"> a) By May 2015 b) By May 2015 c) By May 2015 d) Quarterly e) May 2015

<p>6.1.2 Research understanding by parents and providers of parent rights and procedural safeguards under IDEA</p>	<ul style="list-style-type: none"> a) Collect data on number and scope of statewide administrative complaints, due process hearings, resolution agreements and mediations in the past 5 years b) Review simplified and accessible procedural safeguard info and training in multiple forms (booklets, YouTube videos, etc) c) Make recommendations on increasing parent understanding of ILP procedural safeguards 	<ul style="list-style-type: none"> a) September 2014 b) November 2014 c) January 2015
<p>6.1.3 Increase partnerships, communication and collaboration between parents, partners and stakeholders involved in early intervention services</p>	<ul style="list-style-type: none"> a) Review the 5 year plans of Early Intervention Partners b) Make recommendations to state EI/ILP based on the review of the plans c) Participate in the Infant Learning Program State Performance Plan and State Systemic Improvement Plan meetings d) Participate in the ILP Directors Conference 	<ul style="list-style-type: none"> a) January 2015 b) February 2015 c) Ongoing 2014-15 d) October 2014
<p>6.1.4 Research inclusive childcare opportunities statewide</p>	<ul style="list-style-type: none"> a) Research number, scope and barriers to childcare opportunities for children infants and toddlers with disabilities b) Research disability specific trainings for childcare providers statewide c) Make recommendations to Thread on improvement of childcare opportunities for infants and toddlers 	<ul style="list-style-type: none"> a) November 2014 b) December 2014 c) February 2015
<p>6.1.5 Meet federally mandated requirements as Alaska’s Interagency Coordinating Council (ICC) for Infants and Toddlers with Disabilities under Part C of the Individuals with Disabilities Education Act</p>	<ul style="list-style-type: none"> a) Work with ILP and AILPA to identify gaps and barriers in the EI/ILP financial/funding system b) Research development of financial guidelines, including funding for a Medicaid/insurance handbook or guide for providers c) Research development of financial technical assistance tools; one on one, training modules, mentoring for providers 	<ul style="list-style-type: none"> a) Ongoing b) January 2015 c) February 2015

	<ul style="list-style-type: none"> d) Educate the Council FASD Workgroup to expand I/DD eligibility and services to infants and toddlers with an FASD e) Provide comment on ILP state/federal regulations f) Provide comment on ILP state/federal policies and procedures g) Complete ILP Annual Report to Governor in collaboration with state EI/ILP office h) Recruit parents to become members of the Council and the Early Intervention Committee i) Participate in planning of Parent Conference and advocate for training for parents of young children and infants with disabilities j) Post best practice information, trainings and articles on the Early Childhood Special Education listserv k) Participate on the leadership team for the Alaska Pyramid Project l) Participate in the Infant Learning Program Coordinators conference 	<ul style="list-style-type: none"> d) Monthly e) As needed f) As needed g) March 2015 h) Ongoing i) Oct 2014 j) Ongoing k) Quarterly l) Oct 2014
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6 EDUCATION

Goal 7.1 Advocate for a minimum of 5 new or amended state or public programs, policies or practices per year that improve the quality of education for students with disabilities

Objectives	Activities	Timelines
7.1.1 Research and advocate for services, programs or regulation changes that will improve the scope, delivery and effectiveness of post-secondary transition	<ul style="list-style-type: none"> a) Research the implications of changing the required transition age minimum in an IEP from 16 to 9th grade or age 14 (Look at models from other states) b) Develop a pilot program to develop and implement 	<ul style="list-style-type: none"> a) May 2015 b) January 2015

	<p>a career exploration/transition planning curriculum and pilot in at least one school</p> <p>c) Gather feedback on transition from self-advocacy groups, the Alaska Commission on Postsecondary Education, the Alaska Youth First Program</p>	c) Ongoing
7.1.2 Increase the graduation rate for students with disabilities	<p>a) Participate in DEED State Performance Plan and State Systemic Improvement Plan and State Performance Plan stakeholders groups (SPP/SSIP)</p> <p>b) Develop Council recommendations for the implementation of the SPP/SSIP graduation recommendations</p> <p>c) Research other states alternate assessments and make recommendations to the State Board of Education regarding assessment accessibility and teacher preparation</p>	<p>a) Ongoing</p> <p>b) Ongoing</p> <p>c) October 2014</p>
7.1.3 Research suspension and expulsion rates of students with disabilities	<p>a) Collect statewide data on suspension and expulsion rates of students with disabilities during the past 5 years and report back to the committee</p> <p>b) Compare Alaska data to the national data on Part B Indicator 4</p> <p>c) Develop recommendations for the DEED</p>	<p>a) September 2014</p> <p>b) October 2014</p> <p>c) May 2015</p>
7.1.4 Research the use by parents of procedural safeguards and parental rights, in particular due process rights	<p>a) Collect data on the number and scope of state complaints, mediations and due process hearings in Alaska over the last 5 years ; Indicators 16, 17, 18 & 19</p> <p>b) Develop recommendations to present to DEED</p>	<p>a) Oct 2014</p> <p>b) Dec 2014</p>

<p>7.1.5 Research ways for tele-practice and distance delivery to improve Special Education services in Alaska</p>	<ul style="list-style-type: none"> a) Research which districts are using tele-practice b) Research the distance delivery training of Special Education of teachers and related service professionals c) Research policy and licensing around tele-practice in Alaska(OT, SLP, PT) d) Make recommendations to the Council work group on tele-practice e) Present Council recommendations to EED 	<ul style="list-style-type: none"> a) Jan 2015 b) Jan 2015 c) Feb 2015 d) Quarterly e) March 2015
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<p>7.1.6 Meet federally mandated requirements as Alaska's Special Education Advisory Panel under the Individuals with Disabilities Education Act by advising the state regarding the unmet educational needs of students with disabilities as well as in developing and implementing policies relating to the coordination of services for children with disabilities</p>	<ul style="list-style-type: none"> a) Provide suggestions for the development of a parent handbook to EED b) Review EEDs Annual Program Performance Report (PPR) and provide recommendations to EED on systems improvement, data reporting for the federal government, developing corrective actions plans c) Educate Ed Committee about roles and responsibilities of the SEAP d) Prepare annual report of SEAP activities to DEED e) Attend State Board of Education meetings and share information with Education Committee f) Provide public comment on education regulations (state and federal) and organize opportunities for stakeholders to give public comment g) Provide recommendations to DEED on Post Schools Outcome report h) Participate in the Special Education Directors Meeting i) Participate on the planning committee for the Alaska Statewide Special Education Conference (ASSEC) and present the Inclusive Practice Award j) Participate in implementation of Restraint and Seclusion Act including recommendations for the Alaska Association of School Boards (AASB) and implementation at the local level 	<ul style="list-style-type: none"> a) June 2015 b) February 2015 c) Annually d) June 2015 e) Quarterly f) As needed g) Annually h) Annually i) Annually j) Ongoing
<p>7.1.6 Govern the Special Education Service Agency (SESA) to ensure SESA meets its statutorily mandated responsibilities</p>	<ul style="list-style-type: none"> a) Ensure designated Council members (5) and Executive Director continue to participate as SESA Board members b) Assist in implementation of SESA's strategic plan c) Provide annual training for SESA Board members on their roles and responsibilities 	<ul style="list-style-type: none"> a) Annually b) Ongoing c) Annually

7 HEALTH

Goal 8.1 Advocate for a minimum of 5 new or amended state or public programs, policies or practices each year that improve health and well-being

Objectives	Activities	Timelines
<p>8.1.1 Develop and advocate for recommendations for Medicaid reform</p>	<ul style="list-style-type: none"> a) Research and make recommendations to the State of Alaska on the re-use and recycling of durable medical equipment and assistive technologies purchased by state entities such as Medicaid, DVR, the Trust, AHFC and Special Education b) Research reasons for increasing I/DD waiver costs and develop recommendations to present to SDS c) Research streamlining Medicare and Medicaid prior authorization processes d) Research Medicaid options for individuals using chiropractic care 	<ul style="list-style-type: none"> a) By March 2015 b) By May 2015 c) By December 2015 d) By December 2015
<p>8.1.2 Increase by 2% the number of individuals with disabilities who receive preventative health care</p>	<ul style="list-style-type: none"> a) Monthly meetings of statewide advisory Health and Disability Committee b) Develop standardized, cross-State indicators to measure health and wellness among individuals experiencing disability 	<ul style="list-style-type: none"> a) Monthly b) By November 2014
<p>8.1.3 Provide training for individuals with disabilities and their direct care professionals about receiving preventative health care</p>	<ul style="list-style-type: none"> a) Increase number of mammograms and pap smears for women with disabilities through coalition effort b) Participate in Tobacco Cessation efforts through augmentation of Quit Line training to include training on working with individuals with disabilities and amend Quit Line materials to be more inclusive and accessible. c) Increase physical activity and decrease obesity in 	<ul style="list-style-type: none"> a) By June 2015 b) By June 2015 c) By June 2015

	people with disabilities through adaptive PE workshops in schools and expand <i>Discover Health</i> programs to more locations statewide	
8.1.4 Provide training to individuals experiencing disabilities, their direct care professionals and emergency responders regarding emergency preparedness for individuals with disabilities	<ul style="list-style-type: none"> a) Disseminate 15,000 copies of the “Get Ready! Tool Kit” b) Develop topical presentations and present at conferences, health fairs, expos, etc c) Provide Emergency Preparedness training to social service agencies and Trust beneficiaries 	<ul style="list-style-type: none"> a) By June 2015 b) By June 2015 c) By June 2015

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