



COMMITTEE: Healthy Lifestyles

DATE: April 21, 2009

LOCATION: Teleconference

Members present: Diane Peck, Patty Owen, Nancy Davidian, Karol Fink, Sandra Carroll-Cobb, Julie Cassio, Lori Smith, Lakota Murray, Sarah McConnell, Diana Redwood, Russ Stevens, Teresa Hicks, Linda Tannahill.

ITEM	DISCUSSION	ACTION/FOLLOW-UP/ASSIGNED TO:
<p><b>1. Welcome and Introductions:</b></p>	<p>Russ Stevens/Diane Peck</p>	
<p><b>2. Advocacy Follow Up</b></p>	<p>HB70 – Farm to School got to the finance committee and will continue next year.</p> <p>HB 132 – Bike Funds had lots of testimony but died in finance committee but will return next year.</p> <p>SB 101 – YRBS passed Senate and will return next year.</p> <p>Question: Should this committee have an advocacy chair to monitor and report progress on legislation relating to healthy lifestyles?</p> <p>Discussion: We have many partners who currently monitor and report status of pending legislation – should we work with Mary Grisco of All Alaska Pediatric Partnership to receive her updates and submit any new news we discover?</p>	<p>Anyone interested in joining an advocacy group contact Diane P.</p>
<p><b>3. Face to Face Meeting</b></p>	<p>The face to face meeting will be May 15 from 10a.m.– 5p.m. at the Providence Cancer Center Community Room. Lunch will be provided. The goal is to produce an action plan that will guide our activities for the next year.</p>	
<p><b>4. New name? Chair?</b></p>	<p>It has been suggested that the Healthy Lifestyles name be changed to more accurately reflect our focus on physical activity and nutrition.</p> <p>Some ideas are:</p> <p>AK Alliance for PA &amp; Nutrition</p> <p>Alaskans Promoting Physical Activity &amp; Nutrition</p>	<p>Think of new name ideas and propose your ideas at the May meeting in Anchorage.</p>

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Also, this committee is currently without a chair. Russ and Diane have been and will continue to act as facilitators for the group and will work behind the scenes to help organize meetings and things, but we really need a non-State of Alaska employee lead.

Think of good candidates for chair, or consider yourself for the position. Russ will send out the duties of the chair which are basically to run the meetings and steer the group towards the completion of the work plan.

## 5. Open Discussion -

Announcements:

- Bike to Work Day – May 15<sup>th</sup>
- Juneau Health Summit – April 23-24
- UAF is hiring a registered Dietitian...go to uakjobs.com for more info

## 6. Next Meeting

The next meeting will be in Anchorage on April 15 at the Providence Cancer Center Community Room. Full agenda will be sent out in early May.

## 6. Next Meeting date/Time

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