



COMMITTEE: Healthy Lifestyles

DATE: July 21, 2009

LOCATION: Teleconference

Members Present:

Paula Recchia – AK Chronic Disease  
Prevention and Health Promotion

Deborah Corker – AK Health Fairs

Sandra Carroll-Cobb - UAA

Leslie Shallcross – Cooperative  
Extension Service

Janelle Gomez - Alliance for a Healthier  
Generation

Diane Peck – AK Obesity Program

ITEM	DISCUSSION	ACTION/FOLLOW-UP/ASSIGNED TO:
<b>Update on P.E. Content Standards</b>	Statewide physical education content standards are in the process of being developed. Both Russ and Karol took part in the 3 day session that resulted in a draft form of the standards. More work will be done between now and August and then the draft will be sent out for comments and review.	Russ and/or Karol will continue their work and report back on any progress or changes.
<b>Future direction of Healthy Lifestyles</b>	Separate groups for nutrition and physical activity have been formed and will meet separately to work on their specific projects. Please join one or both groups. These groups will keep the Healthy Lifestyles name but add the qualifier – either HL- Eat Smart Alaska, or HL-Alaskans Promoting Physical Activity.  Healthy Lifestyles will meet now on a quarterly basis on the third Tuesday @ 2p.m.	Contact Russ Stevens ( <a href="mailto:russ.stevens@alaska.gov">russ.stevens@alaska.gov</a> ) to join HL-APPA  Contact Diane Peck ( <a href="mailto:diane.peck@alaska.gov">diane.peck@alaska.gov</a> ) to join HL-ESA
<b>Updates</b>	The “Bioneers” conference will take place Oct. 16 – 18. This group is interested in developing sustainable local food systems. <a href="http://www.bioneers.org">www.bioneers.org</a>	
<b>Next Meeting:</b>	October 20 <sup>th</sup> @ 2p.m.	Look for HL-Eat Smart and HL-APPA meetings in August!

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