# Ketchikan Pioneer Home

141 Bryant Street Ketchikan, AK 99901 APRIL 2021 Volume 18, Issue 4



Happy Spring!

Most days looking outside you would not know that Spring has arrived but I am trying to be positive that things will change.

Our Activities Department definitely has outdone themselves with Easter activities – The Easter Egg Roll which was a great success (even made the front page of our local news-paper!) —check out the pictures within this newsletter.

We are now at 100% occupancy with 45 residents; as always, all staff have stepped up to the plate. I am grateful on how well our staff has done with all the many changes that have been thrown at them this past year.

I want to thank our Elders and families for their patience and understanding as we continue to navigate through this pandemic. Because we are at the minimum threshold of 80% vaccinated residents, we have been able to open up for in home visitations. It has been going well and the Elders are clearly enjoy the visits and soaking up every opportunity to see their family and friends. It is nice to see all the smiling faces throughout the home again.

We will continue the visitation that is in place until further notice which is 4 times/week with up to 2 visitors per visit. Those visiting unvaccinated residents need to make appointment for visit. Others are welcome anytime Mon-Fri 9am-4pm, Saturday 1pm – 3pm and Sunday 10-noon. Once checked in guests are given a designated area for the visit to take place.

We ask all visitors to complete our screening questions, wear mask, practice hand hygiene and social distance. Please limit all visiting time with your loved one or friend (2hrs max) and go through our screening procedure at the main entrance. You will be offered a quick 15-minute COVID test for the safety of our elders.

If you plan to take your loved outside the building, please give us at least 30 min advance notice by calling ahead of time. This may help to decrease wait time.

Here is to hoping we continue to move forward when it comes to continued visitation and to things continuing on the right direct.

Thanks,

Sue

# Ketchikan Pioneer Home Visitation Guidelines as of March 30, 2021

## IN HOME/IN PERSON VISITING HOURS

Monday-Friday 9am – 4pm Saturdays 1pm-3pm Sundays 10am – 12pm

## GUIDELINES/RULES FOR ALL VISITORS

- Residents may have up to FOUR (4) visits a week with no more than TWO (2) visitors at a time per visit. In person visits can be up to TWO (2) hrs
- Children are welcome if able to follow COVID precautions mask, wash/sanitize and social distancing.
- Must be screened at front entrance. This includes temperature, wash/sanitize hands, and screening questions
- Must wear own mask and visitor badge/sticker at all times. Masks are not provided by KPH.
- Please walk directly to visitation designated area and exit when done. There is NO VISITING in hallways or common areas with other Elders.
- Visitors encouraged to maintain 6ft distancing during visit.

#### If Elder is vaccinated: Visits take place in assigned designated area at time of check in. If Elder is NOT vaccinated

Contact Activities - 228-3372 or Front Desk – 228-3351 to schedule your visit Visits will take place in a designated area which is assigned at the time of check in.

### VISITORS who have recently TRAVELED:

Fully vaccinated Visitors who traveled in last seven (7) days:

- Between 1-6 Days after returning to Ketchikan, you will be asked to take COVID test
- Tests can take between 15-45 min to process
- Provide you COVID vaccination record

Unvaccinated Visitors who traveled:

Must wait seven (7) days to visited their loved one

\*\*\*All visitors will be offered a 15-minute rapid test prior to visitation (while supplies last).\*\*

## Visits outside of the Home

Elders may leave for visits outside of the Home. There is no appointment necessary. We do ask that you call CNA desk at least 30 min prior so they can get your loved one ready. In addition, please inform CNAs if a meal will be needed or not for the period they will be outside the home.

Please consider the following recommendations while outside the home:

- Limit to a few hours in the same day overnight stays may result in a need to quarantine upon return, even if vaccinated.
- Visit in a more private setting such as a family/friend's home vs. a public area. If you would like to have a meal, consider take out rather than sitting down at a restaurant.
- Keep group visiting small no more than 2-3 people in addition to Elder.
- Wear a masks and follow good hand washing/sanitation practices.

If the guidelines are not adhered to you may be asked to discontinue your visits.

### Visitations may be suspended if there is a positive COVID case in the home.



Kayhi Rotary Interact presented a \$2000 donation to the KPH Resident Council activities department. In a normal year, the Kayhi Rotary Interact helps raise funds during our annual November Thanksgiving Pie auction. Because of its cancellation, the students found other opportunities to raise money for KPH Resident Council. We are so grateful for this continued partnership and we admire the proactive efforts these students put forth to ensure the KPH Elders have safe and fun activities to enjoy while living in our home. MANY THANKS to KAYHI ROTARY INTERACT!



UPCOMING APRIL ACTIVITIES for Residents & KPH Staff: April 15th: Monthly BIRTHDAY Party April 16th: Pajama Day April 23rd Picnic on the Rooftop April 28th: Superhero Day April 29th: Dance Party











We are SPRINGING forward with more activities to keep our loved ones busy. We cannot wait for the sunshine so we can start having some chances to go outside. But for the time being, check out the things that we have been doing lately!



# ROLLIN' with the times...

**KPH Easter had a fun twist this year.** Since last Easter was cancelled due to **COVID.** we wanted to ensure this Easter was one to remember! We knew all the festivities had to be outside from the Easter Egg Hunt to our first annual EASTER EGG ROLL! **Elders** watched from their room windows OR in the Great Room as the children came to participate in the fun. Some **Elders braved the cold temperature** and joined us outside. The Egg roll was the highlight of the event; you must check out video footage on our Facebook page (Ketchikan Pioneer Home Resident Council)! We even made the front page of the Ketchikan



Above, Easter Egg hunters in the six to eight-year-old age group line up for the first annual Easter Egg Roll at the Bryant Street hill on Sunday. Ketchikan Pioneer Home partnered with Ketchikan High School Softball as a First Bank community service project event. Right, Delana Price, 2, retrieves candy from Easter eggs with her mother Ashley during the Easter Egg Roll.

Below, Faith Easter bgg Kon. Below, Faith Easterly places Easter eggs in a hedge during the Easter Egg Roll. Staff photos by Dustin Safranek





Daily Newspaper. We would like to thank the Ketchikan High School Softball team and First Bank for helping sponsor this community service project! \*\*\*The newspaper clipping above pictures of the KPH extended family. Faith Easterly is the great granddaughter of Jim & Juanita Diamond. You will also notice Delana Price, the great granddaughter of our beloved Clancy Price.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ap		VISITING HOURS 9am-4pm: Mon-Fri 1pm-3pm: Saturdays 10a-12pm: Sundays	Resident & Staff Birthdays April 9th: Liz L. April 18th: Bonnie M. April 19th: Marivic (CNA) April 22nd: Catherine B. April 26th: Jean B. April 30th: Hannah C.(CNA)	1 9 am BEAUTY SALON 10 am MOTIONS & MOVEMENT (Fireweed) 1030 am: EASTER COOKIE DECORATING (3rd Floor) 130 pm: EASTER COOKIE DECORATING (2rd Floor)	2 930am Newspaper Reading (Fireweed) 10am Motions & Movement (Gardenview) 1pm VOICES of LAST FRONTIER (Zoom Mtg)	3 930am Newspaper Reading (Sun Rm) VIDEO CHATS: 10a-11am & 1pm-2pm
4	5	6	7	8	HAPPY BIRTHDAY LIZ! 9	10
HAPPY EASTER! Easter Egg Roll Event 130pm	MOCHA MONDAY 1pm BINGO (Great Rm) 3pm BIBLE STUDY w/Pastor Keith (GardenView)	10am MOTIONS & MOVEMENT (Fireweed) 1pm BAKING (Tongass) 330pm Good News Group w/Tandra (Sun Rm)	1:1 Activity w/Staff (3 <sup>rd</sup> ) 10am Motions & Movement (Sun Rm) 1pm MOVIE MATINEE (Tongass)	9am BEAUTY SALON   10am MOTIONS &   MOVEMENT (Fireweed)   Image: Second	930am Newspaper Reading (Tongass) 10am Motions & Movement (Gardenview) 1pm VOICES of LAST FRONTIER (Zoom Mtg)	Saturday Gardening 930am Newspaper Reading (Sun Rm) VIDEO CHATS: 10a-11am & 1pm-2pm
11	12	13	14	15	16	17
ONLINE RELIGIOUS PROGRAMS 1230pm Gospel Sing (Great Room) 1pm MOVIE MATINEE (Gardenview)	MOCHA MONDAY Ipm BINGO (Fireweed) 3pm BIBLE STUDY w/Pastor Keith (GardenView)	10am MOTIONS & MOVEMENT (Fireweed) 1pm RESIDENT COUNCIL Meeting (Great Room) 330pm TEA w/Tandra (Sun Rm)	10am Motions & Movement (Sun Rm) 1pm MOVIE MATINEE (Fireweed)	9 am BEAUTY SALON 10 am MOTIONS & MOVEMENT (Fireweed) 130 pm APRIL BDAYs MONTHLY CELEBRATION (Great Room)	930am Newspaper Reading (Fireweed) 10am Motions & Movement (Gardenview) 1pm VOICES of LAST FRONTIER (Zoom Mtg) PAJAMA DAY!!	Saturday Gardening 930am Newspaper Reading (Sun Rm) VIDEO CHATS: 10a-11am & 1pm-2pm
HAPPY BDAY BONNIEL 18	19	20	HAPPY ADMIN PROFESSIONAL DAY 21	HAPPY BDAY CATHERINE 22	23	24
ONLINE RELIGIOUS PROGRAMS 1230pm Gospel Sing (Great Room) 1pm MOVIE MATINEE (Gardenview)	MOCHA MONDAY 1pm BINGO (Great Rm) 3pm BIBLE STUDY w/Pastor Keith (GardenView)	10am MOTIONS & MOVEMENT (Fireweed) 1pm ARTS & CRAFTS (Gardenview) 330pm Good News Group w/Tandra (Sun Rm)	1:1 Activity w/Staff (3 <sup>rd</sup> ) 10am Motions & Movement (Sun Rm) 1pm MOVIE MATINEE (Tongass)	9am BEAUTY SALON   10am MOTIONS &   MOVEMENT (Fireweed)   100pm FUN &   GAMES (2nd)   NATIONAL   JELLYBEAN DAY!	930am Newspaper Reading (Tongass) NATIONAL PICNIC DAY Fun & Games 130pm Rooftop Terrace	Saturday Gardening 930am Newspaper Reading (Sun Rm) VIDEO CHATS: 10a-11am & 1pm-2pm
25	HAPPY BIRTHDAY JEAN! 26	27	28	29	30	
ONLINE RELIGIOUS PROGRAMS 1230pm Gospel Sing (Great Room) 1pm MOVIE MATINEE (Gardenview)	MOCHA MONDAY Ipm BINGO (Fireweed) 3pm BIBLE STUDY w/Pastor Keith (GardenView) NATIONAL PRETZEL DAY!	10am MOTIONS & MOVEMENT (Fireweed) 130pm CROSSWORD (2 <sup>nd</sup> FI Quiet Rm) 330pm TEA w/Tandra (Sun Rm)	10am Motions & Movement (Sun Rm) 1030am Low Vision Support Group (Quiet Rm) 1pm MOVIE MATINEE (Fireweed) SUPERHERO DAY!!	9am BEAUTY SALON 10am MOTIONS & MOVEMENT (Fireweed) 180pm DANCE PARTY (8rd Floor) International DANCE Day	930am Newspaper Reading (Fireweed) 10am Motions & Movement (Gardenview) 1pm VOICES of LAST FRONTIER (Zoom Mtg)	