

January  
2018

# Alaska Veterans and Pioneers Home



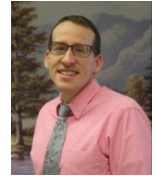
## Activities

- **January 1** Holiday  
HAPPY NEW YEAR!
- **January 4 @ 1:15pm**  
Shopping Trip to Walmart
- **January 15** Holiday  
Martin Luther King Day
- **January 17 @ 5pm**  
Festive Meal Luau with  
entertainment by “Kailua  
Hula Ohana”
- **January 18 @ 1:15**  
Shopping Trip to Wasilla  
Fred Meyers
- **January 25 @1:15 am**  
Trip to American Legion  
#35 Wasilla



The Kitchen Staff all got into the holiday spirit during an Ugly Christmas Sweater Day!

## From our Administrator



Joshua Shaver

“You are never too old to set another goal or dream another dream”  
– CS Lewis

2018 is here and the optimist sees new dreams, goals, accomplishments, friendships, and healthy relationships. For those of you that would like to check off two of the most common new year’s resolutions (more exercise, reduce stress) than I would encourage you to come to the increasingly popular Chair Yoga class led every Monday at 9:30 in the great room by our volunteer, family member, all around superwoman Pat Miller!



Pat & Jim Miller

When is a cookie, just a cookie?

This years “Administrators Cookie Challenge” was one of our most successful ever, with the entries looking and tasting like a professional baking display. Congratulations to our winners James (best tasting) and Walter (appearance).



One last thing - don’t forget that one of the first paperwork chores for Alaskans is filing for the annual Permanent Fund Dividend, this is your reminder!

## December Volunteers



We are blessed here at AVPH to have so many volunteers and groups that come to our home to spend time with our residents, provide entertainment and to help out with whatever we need. December was a month when we had more than our usual number of groups and volunteers. They helped with decorating, doing crafts with the residents, singing, playing instruments, and donating many gifts. We are so thankful for all the support we receive from our community,

## Palmer Colony Christmas



***There were a lot of activities happening at AVPH during Colony Christmas in Palmer. We hosted the Gingerbread House competition, Carolers came to sing, a Ukulele group came to play for us, the Parade of Lights and fireworks were right out the front door plus several other activities It was a great weekend to start celebrating.***

## *Jack White R.E. Christmas Party*



For over 20 years, Jack White Real Estate has been providing our residents with gifts and a party at Christmastime. They generously gave each resident a gift and this year they also gave the home 2 electronic therapy pets which have been a big hit with our residents. They provided music and some delicious snacks. We appreciate their thoughtfulness and generosity.

## *Around The Home*



Residents enjoyed a New Year's Eve Tom and Jerry Party hosted by the Elks Club. What a fun way to say good bye to 2017 and welcome in 2018!

We had a home-wide potluck party which also was a retirement party for Hiromi Brown who retired after 22 years of work at AVPH, She will definitely be missed around here. We enjoyed good food and Karaoke singing at the Party and everyone had a wonderful time



# Happy Birthday



## January Birthdays

### Residents

*1/02 Jeanne Cavanaugh*

*1/19 Marjorie Blalock*

*1/21 Arlene Standafer*

*1/22 Jeannette Rhein*

### Employees

*1/14 Celia Conrad*

*1/17 Carrie McClure*

*1/20 James Bezold*

*1/20 Kathy Morgan*

*1/21 Angie Dawson*

*1/22 Crystal Slather*

*1/28 Mylen Grogan*

*1/29 Lileth McLean*

*1/29 Craig Tallman*

*1/30 Lan Hee Ray*

### New Employee



**Robert Leiter**  
Housekeeping

### Happy Activity Professionals Week 2018!!

**National Activity Professionals Week was created to acknowledge the contributions Activity Professionals play in providing an enriched quality of life for adults residing in retirement communities, nursing facilities, assisted-living facilities, memory-care facilities, and senior centers. This year, National Activity Professionals Week is January 22-26.**

**We thank our wonderful recreation team at AVPH. Celia, Joanne, Melody, Mitch and Madonna.**

