



Department of Family & Community Services  
 Division of Alaska Pioneer Homes  
**Waitlist Transfer / Change Request**  
*Form used only for applicants already on waitlist*

P.O. Box 112670  
 Juneau, AK 99811  
 Ph: 907-465-4416/888-355-3117  
 Fax: 907-465-4108

|  |   |   |                 |                 |                 |              |             |
|--|---|---|-----------------|-----------------|-----------------|--------------|-------------|
| Applicant's Last Name, First Name, Middle Initial  | Date of Birth   |   |                 |                 |                 |              |             |
| Primary Point of Contact: <input type="checkbox"/> Applicant<br><input type="checkbox"/> Power of Attorney (Name/Ph#): _____<br><input type="checkbox"/> Other (Name/Relationship/Ph#): _____  |   |   |                 |                 |                 |              |             |
| Primary Point of Contact Mailing Address   | Primary Point of Contact Phone Number   |   |                 |                 |                 |              |             |
|  | Primary Point of Contact Email Address  |   |                 |                 |                 |              |             |
| <b>I would like to:</b><br><input type="checkbox"/> <b>Transfer to the Active Waitlist**</b> <input type="checkbox"/> <b>Move to Inactive Waitlist</b> <input type="checkbox"/> <b>Update Home Choices</b>   |   |   |                 |                 |                 |              |             |
| <b>Pioneer Home Waitlist Preference (as applicable):</b><br>If you are transferring from the Inactive to the Active Waitlist or would like to update your current home choices, please numerically rank selected home(s) in order of preference. <i>Only rank those that applicant is willing to live in.</i><br><br><table style="width:100%; border: none;"> <tr> <td style="width:33%; text-align: center;">_____ Alaska Veterans &amp; Pioneers Home (Palmer)<br/><i>*non-veterans accepted</i></td> <td style="width:33%; text-align: center;">_____ Fairbanks</td> <td style="width:33%; text-align: center;">_____ Ketchikan</td> </tr> <tr> <td style="text-align: center;">_____ Anchorage</td> <td style="text-align: center;">_____ Juneau</td> <td style="text-align: center;">_____ Sitka</td> </tr> </table> |   | _____ Alaska Veterans & Pioneers Home (Palmer)<br><i>*non-veterans accepted</i> | _____ Fairbanks | _____ Ketchikan | _____ Anchorage | _____ Juneau | _____ Sitka |
| _____ Alaska Veterans & Pioneers Home (Palmer)<br><i>*non-veterans accepted</i>  | _____ Fairbanks   | _____ Ketchikan   |                 |                 |                 |              |             |
| _____ Anchorage  | _____ Juneau  | _____ Sitka   |                 |                 |                 |              |             |
| <b>** Please include the following documents with your active transfer request:</b><br><ul style="list-style-type: none"> <li>• Certificate of Need</li> <li>• History &amp; Physical Report</li> <li>• Power of Attorney (as applicable)</li> </ul>   | <b>*** For veterans transferring to the active waitlist for the Alaska Veterans &amp; Pioneers Home, the additional forms are also needed:</b><br><ul style="list-style-type: none"> <li>• VA Addendum</li> <li>• VA 10-10 EZ</li> <li>• Copy of DD214</li> </ul> |   |                 |                 |                 |              |             |

You may update your Pioneer Home choices at any time in writing, either through an email or letter. However, should you decline a room offer, you will be transferred to the Inactive Waitlist for 180 days. It is your responsibility to submit a new Waitlist Transfer/Change Request form after the 180 days in order to be reinstated to the active waitlist. Your original application date is the date that will be used to determine order of admission into any Pioneer Home. Should you choose to move out of a Pioneer Home once you have become a resident, a new waitlist application must be submitted.

\_\_\_\_\_  
*Signature of Applicant or Power of Attorney* Date

\_\_\_\_\_  
 Printed Name of Applicant or Power of Attorney

|                               |
|-------------------------------|
| <b>Office Use Only:</b>       |
|                               |
| <b>Date Received/Initials</b> |



**Department of Family and Community Services  
Division of Alaska Pioneer Homes  
Certificate of Need**

P.O. Box 112670  
Juneau, AK 99811  
Toll Free: 888.355.3117  
Fax: 907.465.4108

*For Active Applications or Active Transfers Only*

As part of the active waitlist application/active transfer request, you must report your physical needs or other cause which prevents you from maintaining a household without regular assistance in shopping, housekeeping, meal preparation, dressing or personal hygiene.

**For *each* "Activity of Daily Living" listed below, please check the box that best describes your situation:**

**Bathing Assistance:**

- Never
- Occasionally
- Often
- Always

**Eating Assistance:**

- Never
- Occasionally
- Often
- Always

**Housekeeping Assistance:**

- Never
- Occasionally
- Often
- Always

**Dressing Assistance:**

- Never
- Occasionally
- Often
- Always

**Moving About Assistance:**

- Never
- Occasionally
- Often
- Always

**In Home Meal Prep Assist:**

- Never
- Occasionally
- Often
- Always

**Grooming Assistance:**

- Never
- Occasionally
- Often
- Always

**In/Out of Bed Assistance:**

- Never
- Occasionally
- Often
- Always

**Memory Assistance:**

- Never
- Occasionally
- Often
- Always

**Brushing Teeth Assistance:**

- Never
- Occasionally
- Often
- Always

**Taking Medication Assistance:**

- Never
- Occasionally
- Often
- Always

**Feeling Safe Assistance:**

- Never
- Occasionally
- Often
- Always

**Toileting Assistance:**

- Never
- Occasionally
- Often
- Always

**Shopping Assistance:**

- Never
- Occasionally
- Often
- Always

**Do You Use?**

- Walker
- Cane
- Wheelchair

Please describe any other assistance you require (i.e. assistive devices or services) :

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Your signature below certifies that the information contained in this document is true and complete to the best of your knowledge.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

Name of Waitlist Applicant: \_\_\_\_\_



Department of Family & Community Services  
Division of Alaska Pioneer Homes  
History and Physical Report  
*For Active Applications & Active Transfers Only*

P.O. Box 112670  
Juneau, AK 99811  
Ph: 888-355-3117/907-465-4416  
Fax: 907-465-4108

|   |  |                      |  |                |       |                  |                     |          |  |
|---|--|----------------------|--|----------------|-------|------------------|---------------------|----------|--|
| Last Name   |  | First Name           |  | Middle Initial |       | Telephone Number |                     |          |  |
| Mailing Address   |  |                      |  | City           | State | Zip              | <i>Date of Exam</i> |          |  |
| Date of Birth   |  | Age                  |  | Height         |       | Weight           |                     |          |  |
| Medical History:  |  |                      |  |                |       |                  |                     |          |  |
| Surgical History:   |  |                      |  |                |       |                  |                     |          |  |
| Family History:   |  |                      |  |                |       |                  |                     |          |  |
| Social History:   |  |                      |  |                |       |                  |                     |          |  |
| Alcohol Use: <input type="checkbox"/> Yes <input type="checkbox"/> No |  | Further Information: |  |                |       |                  |                     |          |  |
| Tobacco Use: <input type="checkbox"/> Yes <input type="checkbox"/> No |  |                      |  |                |       |                  |                     |          |  |
| Other Drugs: <input type="checkbox"/> Yes <input type="checkbox"/> No |  |                      |  |                |       |                  |                     |          |  |
| <b>Physical Examination</b>   |  |                      |  |                |       |                  |                     |          |  |
| Blood Pressure  |  | Temperature          |  | Pulse          |       | Respiration      |                     | O2 Stats |  |
| A. General appearance, nutrition, debility, hygiene, etc: _____       |  |                      |  |                |       |                  |                     |          |  |
| B. Head and Neck: _____   |  |                      |  |                |       |                  |                     |          |  |
| C. Nose & Throat: _____   |  |                      |  |                |       |                  |                     |          |  |
| D. Dental: _____  |  |                      |  |                |       |                  |                     |          |  |
| E. Lungs: _____   |  |                      |  |                |       |                  |                     |          |  |
| F. Heart  |  |                      |  |                |       |                  |                     |          |  |
| Vessels: _____  |  |                      |  |                |       |                  |                     |          |  |
| Pulses: _____   |  |                      |  |                |       |                  |                     |          |  |
| G. Abdomen  |  |                      |  |                |       |                  |                     |          |  |
| Liver: _____  |  |                      |  |                |       |                  |                     |          |  |
| Rectum: _____   |  |                      |  |                |       |                  |                     |          |  |
| Hernias: _____  |  |                      |  |                |       |                  |                     |          |  |

History & Physical Examination Report

Applicant's Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M.I. \_\_\_\_\_ Date of Exam \_\_\_\_\_

H. Male Genitourinary  
Genitalia: \_\_\_\_\_  
Prostrate: \_\_\_\_\_

I. Female Pelvic: \_\_\_\_\_

J. Breast: \_\_\_\_\_

K. Lymph: \_\_\_\_\_

L. Endocrine: \_\_\_\_\_

M. Musculoskeletal: \_\_\_\_\_  
Back: \_\_\_\_\_  
Extremities: \_\_\_\_\_

N. Skin: \_\_\_\_\_

O. Psychiatric:  
Orientation:  Clear  Occasionally Disoriented  Disoriented  
Mood: \_\_\_\_\_  
Intellect: \_\_\_\_\_  
Short-Term Memory: \_\_\_\_\_  
Cooperation: \_\_\_\_\_

P. Behavior:  
 Appropriate  Inappropriate, Aggressive  Inappropriate, Assaultive  Inappropriate, Passive  
 Inappropriate, Suicidal, or otherwise dangerous to self or others  Wandering-Requires safeguards  
Describe behavior(s) & provide additional information as needed: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Q. Neurological  
Cranial Nerves: \_\_\_\_\_  
Motor Reflexes: \_\_\_\_\_  
Sensory: \_\_\_\_\_  
Coordination: \_\_\_\_\_  
Vision: \_\_\_\_\_  
Hearing: \_\_\_\_\_

Applicant's Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M.I. \_\_\_\_\_ Date of Exam \_\_\_\_\_

**Activities of Daily Living**

**Frequency of Assistance Needed for ADLs**

| ADL                    | Never | Occasional | Often | Always |
|------------------------|-------|------------|-------|--------|
| Bathing                |       |            |       |        |
| Dressing               |       |            |       |        |
| Grooming               |       |            |       |        |
| Oral Hygiene           |       |            |       |        |
| Toileting              |       |            |       |        |
| Eating                 |       |            |       |        |
| Ambulation             |       |            |       |        |
| In/Out of Bed          |       |            |       |        |
| Taking Medication      |       |            |       |        |
| Walking up/down stairs |       |            |       |        |

**Extent of Assistance Needed for ADLs**

| ADL                        | None | Minimum | Moderate | Max |
|----------------------------|------|---------|----------|-----|
| Bathing                    |      |         |          |     |
| Dressing                   |      |         |          |     |
| Grooming                   |      |         |          |     |
| Oral Hygiene               |      |         |          |     |
| Toileting                  |      |         |          |     |
| Eating                     |      |         |          |     |
| Ambulation                 |      |         |          |     |
| In/Out of Bed              |      |         |          |     |
| Taking Medication          |      |         |          |     |
| Walk up and/or down stairs |      |         |          |     |

Uses:  Walker  Cane  Crutches  Wheelchair  Other: \_\_\_\_\_

Activity restrictions?  Yes  No

Dysphagia/Swallowing difficulties?  Yes  No

Is applicant in full control of bladder?  Yes  No

Is applicant in full control of bowels?  Yes  No

Further Information: \_\_\_\_\_

**Diet**

Food Allergies: (Please provide reaction to each food allergy) \_\_\_\_\_

\_\_\_\_\_

Regular  Soft  Low-Cal  Low Fat/Low Cholesterol  Salt Restricted  Diabetic

Fluid thickened: Consistency - \_\_\_\_\_  Other: \_\_\_\_\_

Special Instructions: \_\_\_\_\_

**Tuberculosis Status**

**Note: This section must be completed before admission**

Date of Last PPD: \_\_\_\_\_ Results of Last PPD: \_\_\_\_\_ mm

If history of positive PPD - CXR: \_\_\_\_\_ Medication Tx: \_\_\_\_\_

**Immunizations**

Date of Administration for the Following Immunizations:

Flu Vaccine: \_\_\_\_\_ Pneumovax: \_\_\_\_\_

Diphtheria/Tetanus: \_\_\_\_\_ Has applicant received complete Dip/Tet series? \_\_\_\_\_

Hepatitis A: \_\_\_\_\_ Hepatitis B: \_\_\_\_\_

Zostavax: \_\_\_\_\_ COVID-19 Vaccine: \_\_\_\_\_

**History & Physical Examination Report**

Applicant's Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M.I. \_\_\_\_\_ Date of Exam \_\_\_\_\_

**Drug Allergies**

Please provide reaction to each allergy:

**Medications**

| Medication | Dosage | Route | Frequency | Diagnosis | ICD10 Code |
|------------|--------|-------|-----------|-----------|------------|
|            |        |       |           |           |            |
|            |        |       |           |           |            |
|            |        |       |           |           |            |
|            |        |       |           |           |            |
|            |        |       |           |           |            |
|            |        |       |           |           |            |
|            |        |       |           |           |            |
|            |        |       |           |           |            |

*Please attach additional medication information as needed*

**Diagnoses**

| Primary Diagnosis: | ICD10 Code | Onset Date |
|--------------------|------------|------------|
|                    |            |            |
|                    |            |            |
|                    |            |            |
|                    |            |            |
|                    |            |            |

*Please attach additional diagnoses information as needed*

**Lab Work**

Lab work pertinent to current diagnoses:

**Prognosis & Therapy Needs (if indicated)**

I certify that I examined \_\_\_\_\_ on \_\_\_\_\_.

*Healthcare Practitioner's signature*

National Provider Identifier #

Healthcare Practitioner's typed or printed name

Street Address

Telephone

City

State

Zip Code