

SCORECARD ON LEADING HEALTH INDICATORS FOR 2010

| Healthy Alaskans 2010 "Leading Health Indicators" | | | Guess... Yes or No | | Most Recent Data | | |
|--|------------------|----------------|------------------------|-------------------------|--------------------------------------|------------------------|-------------------------|
| Indicator (abbreviated term -- see Table 8 in Overview of HA2010) | Alaska Baseline | HA2010 Target | Are we doing "better?" | Have we met the target? | Most Recent Data | Are we doing "better?" | Have we met the target? |
| 1 Physical Activity – adolescents | 72% | 85% | | | 68% (2003) | N | N |
| 2 Physical Activity – adults | 25% | 40% | | | 39% | Y | N |
| 3 Obese adolescents | 7% | 5% | | | 12% | N | N |
| 4 Overweight/obese adults | 20% | 18% | | | 25% | N | N |
| 5 Cigarette smoking – adolescents | 34% | 17% | | | 17% | Y | Y |
| 6 Cigarette smoking -- adults | 27% | 14% | | | 21% | Y | N |
| 7 Substance use – adolescents | 49% | 60% | | | 59% | N | N |
| 8 Binge Drinking -- adults | 19% | 13% | | | 18% | Y | N |
| 9 Suicide Mortality Rate | 17 per 100,000 | 11 per 100,000 | | | 25 per 100,000 | N | N |
| 10 Unintentional Injury death rate | 56 per 100,000 | 31 per 100,000 | | | 55 per 100,000 | Y | N |
| 11 Motor Vehicle Crash death rate | 15 per 100,000 | 7 per 100,000 | | | 11 per 100,000 | Y | N |
| 12 Homicide Mortality Rate | 8 per 100,000 | 4 per 100,000 | | | 4.3 per 100,000 | Y | N |
| 13 Child Maltreatment rate (substantiated reports) | 16.5 per 1,000 | 10 per 1,000 | | | na | na | na |
| 14 Immunization - young children | 71% | 90% | | | 63% | N | N |
| 15 Immunizations - elderly -- flu, pneumonia | 60% - flu, 43% p | 90% (both) | | | 62% flu, 62% p | N | N |
| 16 Communities with safe water and proper sewage disposal | 88% | 98% | | | na | na | na |
| 17 Exposure to second-hand smoke | 21% | | | | youth -- 40% adults 4% in home | na | na |
| 18 Decrease uninsured | 19% | 5% | | | 19% | N | N |
| 19 Adults with usual source of care | 79% | 100% | | | 91% | Y | N |
| 20 Prenatal Care | 67% | 90% | | | 57% | N | N |
| 21 Post-neonatal Mortality Rate | 3.0 per 1,000 | 2.7 per 1,000 | | | 3.7 per 1,000 | N | N |
| 22a Increase proportion of adolescents abstaining from sex | 57% | 65% | | | 57% | N | N |
| 22b Increase proportion of adolescents (sexually active) using condoms | 56% | 75% | | | 62% | Y | N |
| 23 Increase proportion of adults using condoms | 33% | 50% | | | na | na | na |
| better: | | | | | | 9 | 1 |
| na: not available at this date | | | | | | | |

Other Health Status Indicators -- Leading Causes of Death
 Heart Disease Morality
 Cancer Mortality