

SICK WITH COVID-19?

You have treatment options.



COVID-19 medications are proven to reduce your risk of severe illness. Medications include pills you can take at home as well as IV treatments given at infusion centers. Getting the right treatment for you, and getting it quickly, could save your life. Here's what you need to know.

Act fast

COVID-19 medications must be taken quickly, sometimes within 5 days of getting symptoms – so it is important to get tested right away if you have COVID-19 symptoms or were recently exposed. These medications are most effective early on in your illness – the sooner you get started, the better.

Know if you're at higher risk

People with certain health conditions are at higher risk for severe COVID-19, making it especially important to get treatment fast. Talk to a health care provider to learn about your potential risk factors.

Age is the strongest risk factor – the older you are, the higher your risk is. Other higher-risk conditions may include (but are not limited to):

- Cancer
- Cerebrovascular disease
- Chronic kidney disease
- Chronic lung diseases
- Chronic liver diseases
- Diabetes
- Heart conditions
- Mental health disorders
- Obesity
- Pregnancy and recent pregnancy
- Current and former smoking
- Tuberculosis

Get a prescription

COVID-19 medications are only available by prescription. A health care provider can help you determine which treatments are right for you depending on your medical history, risks, and symptoms. If you do not have a health care provider, you can call the State's COVID Helpline at 907-646-3322 or contact your local Public Health Center for guidance.



More information

DHSS: Treating COVID-19 at home

dhss.alaska.gov/dph/epi/id/pages/covid-19/outpatienttreatment.aspx

DHSS: Public Health Center locations

dhss.alaska.gov/dph/nursing/pages/locations.aspx