

Alaska DHSS At-Home COVID-19 Testing Information (updated 10/11/21)

- At-home collection kits and tests are currently available either by prescription or over-the-counter (OTC). OTC tests do not require a prescription and are available in a pharmacy or retail store.
- Instructions provided in the test kit box should be followed precisely.
 - Most test kits come in a pack that contains two test cards.
 - If the first test is negative, you should retest 36–72 hours after your first test.
 - If either one of the test results is positive, you are considered positive for SARS-CoV-2 infection.
 - If the first test is positive you do not need to do the 2nd test as a subsequent negative test does not overrule the first positive test.
 - If you test positive, please isolate for 10 days and notify your close contacts that they should quarantine [per current guidance](#).
 - If you have questions about how to isolate or how to notify your contacts, you can call 1-907-531-3329
 - Two negative test results should be interpreted with caution in symptomatic individuals.
 - Consider getting a more sensitive test, such as a PCR test, especially if you have classic COVID symptoms or if you were a close contact to a confirmed COVID case within the past 14 days.
- Share your positive test results with your healthcare provider to learn about possible treatment options or any other appropriate medical follow-up you might need.
- Currently, people who test positive do not need to report results from OTC tests to the Alaska Division of Public Health (DPH). This might change in the future; if so, we will update this guidance accordingly.
 - DPH is not currently performing contact tracing on OTC test results; this might also change in the future.
 - If the test kits were provided to you or self-testing was requested by a school, workplace, event, or other group or organization, the associated entity might ask you to share your results with them. If so, contact tracing might also be initiated by your school, workplace, or organization.
- More information about at-home testing is available at: <https://www.cdc.gov/coronavirus/2019-ncov/testing/self-testing.html>

Using Antigen Tests for SARS-CoV-2 in Community Settings

Figure 2. Antigen Test Algorithm for Community Settings

