

# Sleeves up, Alaska



## Reasons to Get Vaccinated Against COVID-19

- COVID-19 vaccines are safe; millions of people have been safely vaccinated after extensive safety testing and monitoring
- COVID-19 vaccines are effective at providing protection against severe illness, hospitalization, and death
- Vaccination is the best defense against new variants
- COVID-19 vaccines are free
  - The cost of COVID-19 disease can be very high, including missed work, ER visits, or hospitalization
- Vaccination is a safer way to build protection than natural infection
- It's safer for vaccinated people to travel and spend time together
- Vaccination provides a strong, robust immune response that's much safer and more protective than acquiring immunity through natural infection
  - 1/3 of people who tested positive for COVID-19 are affected for weeks, months or longer
  - Vaccines prevent long-term COVID-19 symptoms like fatigue, cough, headaches, loss of taste and smell, dizziness and more
- Vaccination protects your children and other loved ones by reducing your chances of getting infected and transmitting COVID-19 to vulnerable people who are too young to get the vaccine or have compromised immune systems



Visit [covidvax.alaska.gov](https://covidvax.alaska.gov) for more information,  
Call the Vaccine Helpline at 1-833-482-9546 for help, or  
Text your zip code to 438829 to find vaccine sites near you.