

4 things to know about at-home testing.



1. How do we request tests?

- Any district, school, community, facility or organization can request these at-home test kits via the State of Alaska Emergency Operations Center using an [ICS 213 RR-Resource Request Form](#). Please fill out the “quantity” and the “detailed item/need/capability description” boxes in the “requestor” section of the form and email to 2020_COVID-19@ak-prepared.com.
- Please include in the email a brief description of how the tests will be used to support schools providing in-person learning.

2. How to report results?

- Reporting can be done through provided web links/app depending on manufacturer or in accordance with applicable local guidance.
- If you test positive, isolate immediately and let your close contacts know they have been exposed. For more information on what to do next, visit the [DHSS webpage](#).

3. What people should know?

- The test is for self-use, each pack comes with two cards. People should test themselves twice within three days (with 36-48 hours between the two tests). If either one of the tests results is positive, people should consider themselves positive. A subsequent negative card does not overrule a positive.
- The test will be simple, even for people who have never tested themselves. All needed materials (including a nasal swab and easy-to-follow instructions) will be included in the box.
- Included is an app/portal for reporting.

4. When and why should we test?

- Testing is important to control the spread of COVID-19 in communities and our schools.
- Get tested immediately if you are experiencing any symptoms of COVID-19.