

# Disability Benefits 101

working with a disability in Alaska

Quick Reference Guide for Interactive Article Tools



## Supplemental Security Income (SSI) and Adult Public Assistance (APA): The Basics

**SSI and APA Income Limits**

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Check the SSI and APA income limits for your situation.

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Are you married?

Do you get help paying for both food and shelter?

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**Submit**

Use this tool to see the APA need standard, APA payment level, and SSI maximum benefit level for somebody in your living situation.

**To access this tool, visit:**

[https://ak.db101.org/ak/programs/income\\_support/ssi/program2d.htm](https://ak.db101.org/ak/programs/income_support/ssi/program2d.htm)

# Supplemental Security Income (SSI) and Adult Public Assistance (APA): The Basics

Your SSI and APA Benefit Calculation:

Try it now 

If you're not already getting SSI or APA benefits, pay for your own food and shelter, and are not married, try the following tool to see how much your benefits might be.

To access this tool, visit:

[https://ak.db101.org/ak/programs/income\\_support/ssi/program2e.htm](https://ak.db101.org/ak/programs/income_support/ssi/program2e.htm)

## Your SSI and APA Benefit Calculation:

### Step 1: Countable Unearned Income

Your Monthly Unearned Income	\$ <input type="text" value="0"/>
Minus the \$20 General Exclusion	- \$20.00
<hr/>	
Countable Unearned Income	<b>\$0.00</b>
Unused portion of Your \$20 General Exclusion	\$20.00

### Step 2: Countable Earned Income

Your Monthly Earned Income	\$ <input type="text" value="0"/>
Minus the unused portion of Your \$20 General Exclusion	- \$20.00
Minus the \$65 Earned Income Exclusion	- \$65.00
Minus Your Impairment Related Work Expenses (IRWEs)	- \$ <input type="text" value="0"/>
<hr/>	
Subtotal	<b>\$0.00</b>
Divide by two	+2
<hr/>	
Countable Earned Income	<b>\$0.00</b>

### Step 3: Total Countable Income

Countable Unearned Income	\$0.00
Plus Countable Earned Income	+ \$0.00
Minus PASS Contribution	- \$ <input type="text" value="0"/>
<hr/>	
Total Countable Income	<b>\$0.00</b>

### Step 4: SSI & APA Benefits Calculation

SSI Maximum Benefit	\$733.00
Minus Total Countable Income	- \$0.00
<hr/>	
Your SSI Benefit	<b>\$733.00</b>
Your APA Benefit	<b>\$362.00</b>

### Total Income

Your Total Monthly Income	<b>\$1,095.00</b>
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**Eligible for APA-related Medicaid**

# Supplemental Security Income (SSI) and Adult Public Assistance (APA): The Basics

On SSI? Get a quick estimate of how working may affect your income

Try it now 

To access this tool, visit:

[https://ak.db101.org/ak/programs/income\\_support/ssi/program2f.htm](https://ak.db101.org/ak/programs/income_support/ssi/program2f.htm)

## SSI and Work: Income Snapshot

Answer the questions below to see how working might affect your total income.

### Your situation today:

- \*What is your monthly SSI benefit amount?  ?
- What is your monthly Adult Public Assistance (APA) benefit amount?  ?
- Are you blind, according to Social Security?  Yes  No ?
- Are you under 22 years old?  Yes  No ?
- Are you attending school at least half time?  Yes  No ?
- Were you working in Oct 2016?  Yes  No ?
- How much in earnings did you report to Social Security for Oct 2016?  ?
- What was the total of your approved Impairment Related Work Expenses (IRWEs) for Oct 2016?  ?

### Your future plan:

- \*What will be your gross **monthly** income from all your jobs?  ?  
[Help me calculate this](#)
- How much will you claim in monthly Impairment-Related Work Expenses? You will report these to Social Security.  ?  
[Help me calculate this](#)

Show Results >

Use this tool to get a quick estimate of how working might affect the income of someone on SSI.

# Social Security Disability Insurance (SSDI): The Basics

On SSDI? Get a quick estimate of how working may affect your income

Try it now 

To access this tool, visit:

[https://ak.db101.org/ak/programs/income\\_support/ssdi/program2e.htm](https://ak.db101.org/ak/programs/income_support/ssdi/program2e.htm)

## SSDI and Work: Income Snapshot

Answer the questions below to see how working might affect your total income.

### Your situation today:

- \*What is the amount of your monthly SSDI benefit check?  ?
- Are you blind, according to Social Security?  Yes  No ?
- Have you used any of your SSDI Trial Work months?  Yes  No ?

### Your future plan:

- \*What will be your gross **monthly** income from all your jobs?  ?  
[Help me calculate this](#)
- How much will you claim in monthly Impairment-Related Work Expenses? You will report these to Social Security.  ?  
[Help me calculate this](#)

Use this tool to get a quick estimate of how working might affect the income of someone on SSDI.

Show Results >

# Finding the Right Health Coverage For You

Your family's **annual total income**:

\$ 0

Your **family size**:

1 person

How much do you have in **resources**?

Less than \$ 2,000

NO  Does anyone in your family have a job that offers health coverage?

NO  Any children or pregnant women in the family?

NO  Is anyone in your family on Medicare now?

NO  Does anyone in your family have a **disability determination**?

NO  Is anyone in your family 65 or older?

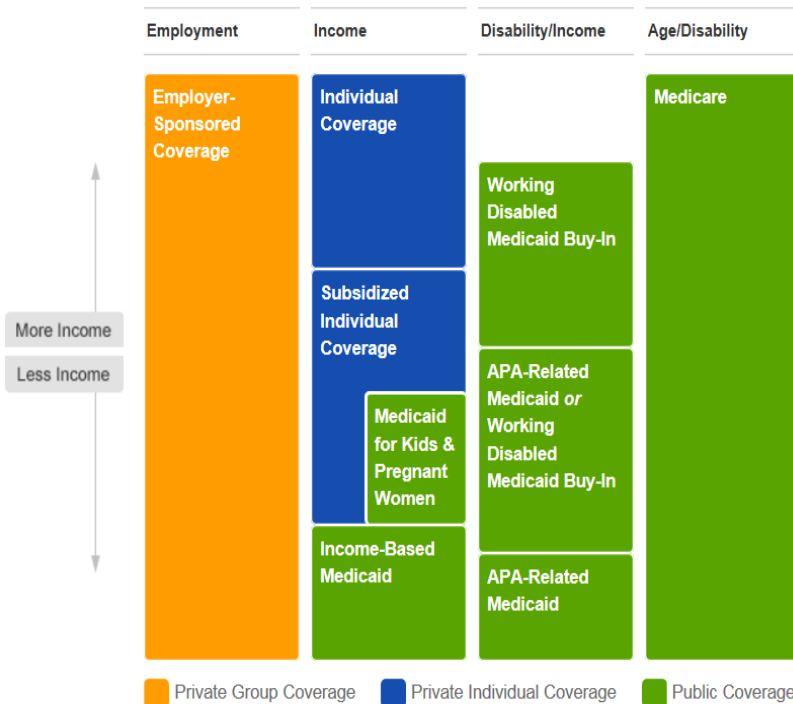
CLEAR ALL SEE MY OPTIONS

This interactive tool shows the main types of health coverage available today.

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By answering these questions, the tool will highlight the options that might be best for you.

## Your Family's Options



To access this tool, visit:

[https://ak.db101.org/ak/programs/health\\_coverage/finding/program.htm](https://ak.db101.org/ak/programs/health_coverage/finding/program.htm)

# How Health Benefits Work: The Details

Your Countable Income:

Try it now 

To access this tool, visit:

[https://ak.db101.org/ak/programs/health\\_coverage/how\\_health/program2c.htm](https://ak.db101.org/ak/programs/health_coverage/how_health/program2c.htm)

## Your Countable Income:

Your Monthly Earned Income	\$ <input type="text" value="0"/>
Your Monthly Unearned Income (not including SSI)	\$ <input type="text" value="0"/>
Your Monthly Impairment Related Work Expenses (IRWEs)	\$ <input type="text" value="0"/>
<hr/>	
Your Monthly Countable Income	\$0
Your Annual Countable Income	\$0
<hr/>	
Your Countable Income as a Percent of FPG	0%

Close 

For Medicare Savings Programs, your income is counted using SSI's countable income calculation, which means less than half of your earned income is counted. That means you might qualify even if you think your income is over the limits.

# How Health Benefits Work: The Details

## Health Coverage Income Limits for Your Family

Try it now 

To access this tool, visit:

[https://ak.db101.org/ak/programs/health\\_coverage/how\\_health/program2e.htm](https://ak.db101.org/ak/programs/health_coverage/how_health/program2e.htm)

## Health Coverage Income Limits for Your Family

Your family size:

1 

### Income limits for your family:

Income-based Medicaid, adults (138% FPG)	\$20,479
Income-based Medicaid, children (208% FPG)	\$30,867
Subsidized private plans, reduced fees (250% FPG)	\$36,800
Subsidized private plans (400% FPG)	\$58,880

If your family's income is at or below the limit for a program, you may qualify if you meet other program rules.

**Note:** [Some types of income do not count against these limits, including SSI benefits.](#)

**Note:** Different programs sometimes use slightly different numbers for the [Federal Poverty Guidelines](#) (FPG).

Close 

Use this tool to better understand health coverage income limits for your family.

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If your family's income is at or below the limit for a program, you may qualify if you meet other program rules.

# Expert Help Menu – Access From Any Page!

This menu provides quick access to most frequently utilized resources for Alaskans with disabilities, including: AK WIPA Project, Aging & Disability Resource Centers, Centers for Independent Living, SSA, Public Assistance, Medicaid Helpline, AK Medicare Information Office, Vocational Rehabilitation, Tribal VR, Alaska Job Center, and an “Other Benefits” where additional resources can be accessed such as disability services, housing et al.



The screenshot shows the website header with the logo "Disability Benefits 101" and the tagline "working with a disability in Alaska". The navigation menu includes "Home", "Calculators", and "Glossary". A search bar is visible in the top right. The main content area features a "Working With a Disability" section with a photo of a woman and text about tools and information. Below this are sections for "Supplemental Security Income (SSI) and Adult Public Assistance (APA)", "Social Security Disability Insurance (SSDI)", "Finding the Right Health Coverage For You", and "How Health Benefits Work". A "Calculators" section highlights the "Benefits and Work Calculator". On the right side, a vertical "Get Expert Help" menu lists categories: "Benefits and Work", "Non-Benefits Questions", "SSI and SSDI", "APA", "Medicaid", "Medicare", "Work Preparation", and "Other Benefits". At the bottom of this menu are options to "Print this page" and "Email to a friend". A zoom level of 125% is indicated in the bottom right corner.

To access this tool, visit: <https://ak.db101.org/>

For a full resource listing of resources beyond what is included in the Expert Help Menu, visit: <https://ak.db101.org/planners.htm>