



Assistance Programs

Food and Nutrition Assistance

Program & People	Benefit	Eligibility Requirements	Authority
<p>Supplemental Nutrition Assistance Program (SNAP)</p> <p>42,938 average monthly caseload in SFY 2022</p>	<p>The Alaska Supplemental Nutrition Assistance Program provides food benefits to low-income households.</p> <p>\$559.49 was the average monthly household allotment in SFY 2022.</p>	<ul style="list-style-type: none"> Alaska resident Net income of not more than \$1,416 for an individual or \$1,841 for a couple; levels increase based on household size Not more than \$2,250 in assets per household, \$3,500 for a household who has at least one member who is disabled or over age 60 	<p>Federal / State Program</p> <p>PL 110-246 (2008) 7 CFR 271 – 274</p> <p>AS 47.25.975 – 990 7 AAC 46.010 – 990</p>
<p>Supplemental Nutrition Assistance Education Program (SNAP ED)</p> <p>3,606 clients served through policy, systems, and environmental change efforts and direct / indirect education (874 served through direct education only). 41,774 clients reached through the social marketing campaign.</p>	<p>Nutrition education information is targeted to SNAP eligible populations.</p> <p>Social marketing; policy, systems, and environment (PSE) changes; research; and direct client services.</p>	<ul style="list-style-type: none"> Alaska resident Net income of not more than \$1,416 for an individual or \$1,841 for a couple; levels increase based on household size Not more than \$2,250 in assets per household, \$3,500 for a household who has at least one member who is disabled or over age 60 	<p>Federal / State Program</p> <p>PL 110-246 (2008) 7 CFR 271 – 274</p> <p>AS 47.25.975 – 990 7 AAC 46.010 – 990</p>
<p>Women, Infants, and Children (WIC)</p> <p>14,105 monthly participant average in SFY 2022</p>	<p>Provides nutrition education, referrals, breastfeeding support, and benefits to purchase supplemental foods designed to address nutrient inadequacies and nutrition education</p>	<ul style="list-style-type: none"> Alaska resident Must have a nutrition risk Pregnant, breastfeeding, and postpartum women, infants, and children up to five years of age Must meet income criteria or must be within 185% of poverty Yearly income of \$31,432 for a 1-person household, \$42,347 for a 2-person household (2022 - 2023). USDA updates income guidelines annually. 	<p>Federal / State Program</p> <p>PL 111-296 (2010) 7 CFR 246</p>

Food and Nutrition Assistance (continued)

Program & People	Benefit	Eligibility Requirements	Authority
<p>Breastfeeding Peer Counseling Program (BPCP)</p> <p>14,026 contacts in SFY 2022</p>	<p>Provides breastfeeding support through a peer- to-peer counseling structure to WIC pregnant and breastfeeding women</p>	<ul style="list-style-type: none"> • Must meet WIC eligibility requirements and be considered a WIC participant for enrollment in the BFPC program. • BFPC program benefits all WIC pregnant, breastfeeding, and infant (up to one year of age) participants with breastfeeding support that augments the WIC program support through a peer-to-peer counseling structure. 	<p>Federal / State Program</p> <p>PL 111-296 (2010) 7 CFR 246</p>
<p>Commodity Supplemental Food Program (CSFP)</p> <p>2,467 average monthly caseload for FFY 2022</p>	<p>Provides supplemental foods to older Alaskan. Designed to address nutrient inadequacies. Includes nutrition education. Cannot have concurrent participation in WIC.</p>	<ul style="list-style-type: none"> • Alaska resident • 60 years or older • Annual income for one-person household of \$22,087 or \$29,757 for two-person household • Only available in Anchorage, Mat-Su, Kenai, Fairbanks, and limited outlying areas 	<p>Federal / State Program</p> <p>PL 111-296 (2010) 7 CFR 247</p>
<p>WIC Farmers Market Nutrition Program (FMNP)</p> <p>4,869 participants in FFY 2022</p>	<p>Provides checks to purchase fruits, vegetables, and/or herbs from FMNP authorized Alaska farmers. Provide nutrition education materials</p>	<ul style="list-style-type: none"> • Alaska Resident • Current WIC participants • Available in Anchorage, the Mat-Su Valley, Delta Junction, Fairbanks area, on the Kenai Peninsula, select locations in Southeast, and limited outlying areas. • Yearly income of \$31,432 for a 1-person household, \$42,347 for a 2-person household (2022 - 2023). USDA updates income guidelines annually. 	<p>Federal / State Program</p> <p>PL 11-296 (2010) 7 CFR 248</p>
<p>Senior Farmers Market Nutrition Program (SFMNP)</p> <p>2,417 participants in FFY 2022</p>	<p>Provides checks to older Alaskans to purchase fruits, vegetables, and/or herbs from SFMNP authorized Alaska farmers. Provide nutrition education materials.</p>	<ul style="list-style-type: none"> • Alaska resident • Age 60 or older • Meets federal income guidelines • Available in Anchorage, the Mat-Su Valley, Fairbanks area, Delta Junction, on the Kenai Peninsula, Haines, on the Kenai Peninsula, and limited outlying areas. • Yearly income \$31,432 for one-person household, \$42,347 for a two-person household. 	<p>Federal / State Program</p> <p>PL 111-296 (2010) 7 CFR 249</p>
<p>Pandemic Electronic Benefits Transfer (P-EBT)</p>	<p>Provides additional food benefits to children who were eligible for free or reduced price meals, but did not receive them due to COVID-19 related school closures.</p>	<ul style="list-style-type: none"> • Eligibility and benefit amounts are determined by the Department of Education and Early Development 	

Medical Assistance

Program & People	Benefit	Eligibility Requirements	Authority
<p>Medicaid</p> <p>255,801 average monthly enrollees in SFY 2022</p>	<p>Provides medical assistance to needy individuals and families. It is intended to provide medical coverage for needy families with children, pregnant women, low-income adults, and aged, blind, and disabled persons</p>	<ul style="list-style-type: none"> • To be eligible, recipients must meet certain income and/or resource criteria. These criteria vary depending on the Medicaid category for which the recipient is eligible for • Eligibility criteria for aged, blind, and disabled persons are based on eligibility criteria used for the Adult Public Assistance program • Eligibility criteria for parents and other caretaker relatives, pregnant women, children under age 19, under 21 Medicaid, expansion group, and former foster children up to age 26 are based on the eligibility criteria created by the Affordable Care Act 	<p>Federal / State Program</p> <p>PL 112-238 (2012) 42 USC 1396</p> <p>AS 47.07 7 AAC 100.001 – 990</p> <p>42 CFR 435</p>
<p>Chronic and Acute Medical Assistance (CAMA)</p>	<p>A state funded program designed to help needy Alaskans who have specific illnesses get the medical care they need to manage those illnesses. This coverage is for persons who do not qualify for Medicaid.</p>	<ul style="list-style-type: none"> • Age 18 or older • Lack of other medical resources • Covered medical needs only include: <ul style="list-style-type: none"> ➢ A terminal illness ➢ Cancer requiring chemotherapy ➢ Diabetes and diabetes insipidus ➢ Seizure disorders ➢ Chronic mental illness ➢ Hypertension • Countable income of not more than \$300 for an individual or \$400 for a couple • Assets that do not exceed \$500 	<p>State Program</p> <p>AS 47.08.150 7 AAC 48.500 - 900</p>

Assistance for Seniors & Disabled

Program & People	Benefit	Eligibility Criteria	Authority
<p>Adult Public Assistance (including Interim Assistance and Old Age Assistance)</p> <p>15,385 average monthly recipients in SFY 2022</p>	<p>The Adult Public Assistance program is designed as a State supplement to the Federal Supplemental Security Income Program (SSI). As such, it confers Medicaid eligibility to its recipients.</p> <p>\$308.20 average monthly payment in SFY 2022</p>	<ul style="list-style-type: none"> • Age 65 or older, blind, or disabled • Alaska resident • Less than \$2,000 (single) \$3,000 (couple) in assets excluding house, one vehicle, burial fund • Monthly income below \$1,276 for an individual, \$1,899 for a couple, both eligible (as of January 2023) 	<p>State Program</p> <p>AS 47.25.430 – 615 7 AAC 40.020 – 900</p>
<p>Senior Benefits (SB) Program</p> <p>11,564 average monthly recipients in SFY 2022</p>	<p>Senior Benefits pays cash benefits to Alaskan seniors who are age 65 or older and have low to moderate income.</p> <p>Monthly payment of \$76, \$175 or \$250 depending on income</p>	<ul style="list-style-type: none"> • Age 65 or older • Alaska resident • Effective April 1, 2022 -- yearly income of below \$29,733 for an individual or \$40,058 for a couple 	<p>State Program</p> <p>AS 47.45.300 – 309 7 AAC 47.545 - 599</p>

Heating/Water Assistance

Program & People	Benefit	Eligibility Criteria	Authority
<p>Heating Assistance Program (LIHEAP)</p> <p>4,269 households served by the State in SFY 2022</p> <p>9,557 individuals served by the State in SFY 2022</p>	<p>Provides help paying for home heating costs</p> <p>\$3,748 average benefit per State served household in SFY 2022</p>	<ul style="list-style-type: none"> • Annual home heating costs must exceed \$200 • Gross monthly income at or below \$2,123 for an individual, \$2,861 for a couple (150% of federal poverty level) for FFY 2023 • Household with a person aged 60 or older, disabled, or under the age of 6, is considered a priority population. Households receive one additional heating point toward their benefit calculation. Value of extra point is \$165 in FY 2023 	<p>Federal / State Program</p> <p>PL 97-35 (1981) 45 CFR 96.80 - 89</p> <p>7 AAC 44.010 – 900</p>
<p>Water Assistance Program</p>	<p>Temporary, one-year program to help pay for home water cost, through federal legislation and ARPA funds</p>	<p>Eligibility criteria mirrors HAP</p>	

Assistance for Families with Dependent Children

Program & People	Benefit	Eligibility Criteria	Authority
<p>Alaska Temporary Assistance Program (ATAP)</p> <p>4,170 average monthly recipients in SFY 2022</p>	<p>The Alaska Temporary Assistance Program (ATAP) provides cash assistance and work services to low-income families with children to help them with basic needs while they work toward becoming self-sufficient. Maximum cash benefit of \$821 for a family with 1 child, \$923 for a family with 2 children</p> <p>\$611.78 average monthly benefit per household in SFY 2022</p>	<ul style="list-style-type: none"> • Alaska resident • Families with dependent children under age 18 • Child support cooperation • 60-month time limit <ul style="list-style-type: none"> ➢ 2 states have no lifetime limit ➢ 36 states have a 60-month lifetime limit ➢ 8 states have a lifetime limit between 30-59 months ➢ 5 states have a lifetime limit less than 30 months • Participation in work activities and family self-sufficiency planning • Not more than \$2,000 in assets per household, \$3,000 for a household who has at least one member who is over 60 • Net income of not more than \$1,756 for a family with 1 child, \$1,977 for a family with 2 children • Benefit amount based on income (lower if more income or less need) • 60% include a parent and are subject to work and time limits <ul style="list-style-type: none"> ➢ 31% have used less than 2 years ➢ 9% have used between 2 and 3 years ➢ 9% have used between 3 and 4 years ➢ 6% have used between 4 and 5 years <p>5% have used more than 5 years (on allowable extension)</p>	<p>Federal / State Program</p> <p>42 USC 602 – 608 45 CFR 200 – 499</p> <p>AS 47.27.005 – 990 7 AAC 45.150 – 990</p>
<p>Child Care Assistance Program (CCAP)</p> <p>Unavailable* average children per month in SFY 2022</p> <p><i>* This data is not available due to data breach</i></p>	<p>Provides monthly subsidy to help with childcare expenses based on a sliding fee scale for eligible low-moderate income families. The family benefit is paid to the childcare provider on behalf of the family, based on geographic location, type of care, age of children, unit of care authorized, and child's attendance at the childcare facility.</p>	<ul style="list-style-type: none"> • Parent(s) in the family must be participating in an eligible activity of working, attending school or a job training program, and meet non- financial and financial eligibility criteria. • Families must not exceed income limits which are set at 85% of adjusted 2021 median income for Alaska. • Child(ren) must be under the age of 13, be a US citizen or national or qualified alien, and reside with an eligible parent or parents; or be receiving or needing to receive protective services. 	<p>Federal / State Program</p> <p>PL 112-74 (2011) 42 USC 9858 45 CFR 98 – 99</p> <p>AS 47.25.001 – 095 7 AAC 41.010 – 990</p>

Other Assistance

Program & People	Benefit	Eligibility Criteria	Authority
General Relief Assistance (GRA) 336 cases in SFY 2022 453 recipients in SFY 2022	Provides for emergent basic needs for shelter, utilities, food, clothing, or burial	<ul style="list-style-type: none"> • Alaska resident • Have an emergent need for shelter, food, clothing, or burial • Assets that do not exceed \$500 • Countable income of not more than \$300 for an individual or \$400 for a couple 	State Program AS 47.05.010 AS 47.25.170 7 AAC 47.050 - 290

Acronym Key

AAC	Alaska Administrative Code
ACA	Affordable Care Act
APA	Adult Public Assistance
AS	Alaska Statute
ATAP	Alaska Temporary Assistance Program
CAMA	Chronic and Acute Medical Assistance
CFR	Code of Federal Regulations
CSFP	Commodity Supplemental Food Program
FS	Food Stamps; now known as SNAP
GRA	General Relief Assistance
IA	Interim Assistance
LIHEAP	Low Income Heating Energy Assistance Program
NEOP	Nutrition Education & Obesity Prevention - Supplemental Nutrition Assistance Program
PL	Public Law
POMS SI	Social Security Administration Program Operations Manual System - Supplemental Security Income
SB	Senior Benefits
SNAP	Supplemental Nutrition Assistance Program; formerly known as Food Stamps
SSI	Supplemental Security Income
TEFAP	The Emergency Food Assistance Program
USC	United States Code
USDA	U.S. Department of Agriculture
WIC	Women, Infants, and Children