What's in the cloud?

Nicotine — Addictive

Ultra-fine particles — Asthma

Acetone — Nail polish remover

Lead — Brain damage

Formaldehyde — Embalming fluid

E-cigs. Not harmless. Not healthy.



Sources: (1) Schripp, T., Markewitz, D., Uhde, E. and Salthammer, T. (2013), "Does e-cigarette consumption cause passive vaping?" Indoor Air, 23: 25-31; (2) Williams M, Villarreal A, Bozhilov K, Lin S, Talbot P (2013) "Metal and Silicate Particles Including Nanoparticles Are Present in Electronic Cigarette Cartomizer Fluid and Aerosol" PLoS ONE 8(3): e57987



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