



# Division of Behavioral Health

## Residential Substance Use Disorder (SUD) Treatment

# Residential Level Differences

<p style="text-align: center;"><b>Low Intensity Level III.1</b></p>	<p style="text-align: center;"><b>Medium Intensity Level III.3</b></p>	<p style="text-align: center;"><b>High Intensity Level III.5</b></p>
<p>Level III.1 services are provided at least 5 hours per week. This service is designed to treat recipients who have problems applying recovery skills, lack of personal responsibility, or lack of connection to the worlds of work, education or family life. The recipients of this service need structure and support so they have an <u>opportunity to develop and practice</u> their interpersonal and group skills, strengthen their recovery skills, reintegrate into the community and possibly family, and find or return to school or employment.</p> <p>Pg. 72 of ASAM</p>	<p>Level III.3 services are deliberately provided in a <u>repetitive fashion to address the special needs</u> of recipients. Recipients are often elderly, cognitively impaired or Developmentally Disabled. Or are those in whom chronicity and intensity of the primary disease process requires a program that allows sufficient time to integrate the lessons and experiences of treatment into their daily lives.</p> <p>Pg. 73 of ASAM</p>	<p>Level III.5 services are designed to treat recipients with <u>significant social and psychological problems</u>. Such recipients can be characterized as having chaotic, non- supportive and often abusive interpersonal relationships; extensive experiences; extensive treatment or criminal justice histories; limited work histories and educational experiences and antisocial value systems. These deficits require comprehensive, multi-faceted treatment of <u>relatively long duration</u> that can address all of the patient’s interrelated problems.</p> <p>Pg. 75 &amp; 75 of ASAM</p>

# Long Term Residential

- Long-Term Residential Inpatient Service:  
Longer exposure to interventions is necessary for patients to acquire basic living skills and to master the application and demonstration of coping and recovery skills. However duration of treatment **always depends on the individual's progress.**

# Residential SUD Tx Requirements

	<b>LOW-Intensity</b>	<b>MEDIUM-Intensity</b>	<b>HIGH-Intensity</b>
Required Staff	<ul style="list-style-type: none"> <li>•BH Clinical Associate</li> <li>•SUD Counselor</li> </ul>	<i>24/7 Coverage by:</i> <ul style="list-style-type: none"> <li>•SUD Counselor</li> <li>•BH Clinical Associate</li> <li>•MH Prof. Clinician</li> </ul>	<i>24/7 Coverage by:</i> <ul style="list-style-type: none"> <li>•SUD Counselor</li> <li>•BH Clinical Associate</li> <li>•MH Prof. Clinician</li> </ul>
Required Services	<ul style="list-style-type: none"> <li>▪Residential Service on CBHS Provider Premises</li> <li>▪5hrs/Week Clinically Therapeutic Rehab</li> <li>▪Structured Recovery Environment to Prevent Relapse (Staffed 24/7)</li> </ul>	<ul style="list-style-type: none"> <li>▪Residential Service on CBHS Provider Premises</li> <li>▪20hrs/Week Clinically Therapeutic Rehab</li> </ul>	<ul style="list-style-type: none"> <li>▪Residential Service on CBHS Provider Premises</li> <li>▪Long-Term Residential</li> <li>▪20hrs/Week Clinically Therapeutic Rehab</li> </ul>

# Residential SUD Tx Requirements

## **BASIC SERVICES for ALL RESIDENTIAL SUD Tx**

- Behavioral Health Assessment (addiction focused history)
- Tx Plan Maintenance:
  - ✓ Case Mgmt
  - ✓ Addiction Tx
  - ✓ Health Care
  - ✓ Mental Health
  - ✓ Social Services
  - ✓ Vocational Services
  - ✓ Housing Services

- Individual, Group or Family Tx Components:
  - ✓ Life Skills Development
  - ✓ Counseling for productive daily activity
  - ✓ Motivational Engagement
  - ✓ Medication Administration
  - ✓ Referrals to other agencies
  - ✓ Discharge / Transfer Planning
  - ✓ Comprehensive Community Support
  - ✓ Crisis & Relapse Prevention Planning
  - ✓ Management of Chronic Disease
  - ✓ Urinalysis & Breathalyzer (to reinforce Tx.)
  - ✓ Development of Social Network
  - ✓ Family/Spouse Service to Support Recovery
  - ✓ Didactic Motivational Interventions
  - ✓ Development of Coping Skills

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# Residential SUD Tx Requirements

	LOW-Intensity	MEDIUM-Intensity	HIGH-Intensity
Required Medical Support	<ul style="list-style-type: none"> <li>• Access to Nursing Care and Observation;</li> <li>•24/7 Availability for Telephonic <b>OR</b> In-Person Consult w/Physician, Physician Assistant, ANP or Hosp Emergency Staff;</li> <li>•Appropriate On-site <i>or</i> Off-site medical, psychiatric &amp; psychological services</li> </ul>	<ul style="list-style-type: none"> <li>• Access to Nursing Care and Observation;</li> <li>•24/7 Availability for Telephonic Consult w/Physician, Physician Assistant, ANP or Hosp Emergency Staff. Not less than 8hrs post problem onset, <b>AND</b> In-Person Consult w/ medical staff not less than 24hrs post problem onset;</li> <li>•Appropriate On-site <i>or</i> Off-site medical, psychiatric &amp; psychological services</li> </ul>	<ul style="list-style-type: none"> <li>• Access to Nursing Care and Observation;</li> <li>•24/7 Availability for Telephonic Consult w/Physician, Physician Assistant, ANP or Hosp Emergency Staff. Not less than 8hrs post problem onset, <b>AND</b> In-Person Consult w/ medical staff not less than 24hrs post problem onset;</li> <li>•Appropriate On-site <i>or</i> Off-site medical, psychiatric &amp; psychological services</li> </ul>