

Preventive Services and Access to Care

Healthy Alaskans 2010 Volume I: Targets for Improved Health

- Chapter 15:** ***Access to Quality Health Care***
- Chapter 16:** ***Maternal, Infant, and Child Health***
- Chapter 17:** ***Family Planning***
- Chapter 18:** ***Immunizations and Infectious Diseases***
- Chapter 19:** ***HIV Infection and Sexually Transmitted Diseases***
- Chapter 20:** ***Arthritis and Osteoporosis***
- Chapter 21:** ***Heart Disease and Stroke***
- Chapter 22:** ***Cancer***
- Chapter 23:** ***Diabetes***
- Chapter 24:** ***Respiratory Diseases***
- Chapter 25:** ***Disability and Secondary Conditions***

Preventive services include counseling, screening, immunization, and medical interventions offered to individuals in clinical settings. Alaska's size and geography make access to physical and behavioral health care a crucial issue, especially for rural residents. Low income and lack of adequate health insurance further limit access to needed treatment. Access to preventive and treatment services for mental health and for alcohol and other substance abuse is addressed in the relevant chapters in the "health promotion" cluster. However, many of the same barriers related to cost, transportation, and acceptability of services apply to these services as well as to the services addressed in the cluster of chapters on "preventive services and access to care."

